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NAUTILUS

Magazine of New Thought

*Edited by Elizabeth Towne
and William E. Towne*



Look inside for:

Bringing to Life the Buried Self
Why Am I Not Healed?
Helpful Love

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OCTOBER 1926

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NAUTILUS NEWS

BY THE EDITORS

"THE HEALING OF LOUISE."

Louise's father was a physician. He had himself diagnosed her case as indicating the symptoms of the last and fatal stages of tuberculosis. The right lung had ceased to function. But both the father and mother believed that God was the only real healing power, and upon this Power they placed their sole dependence in this great emergency. The child quickly recovered, and today, nine years later, is perfectly well. Her mother writes us that she stood the highest of any child in the state in a recent intelligence test. Read *"The Healing of Louise"* in the Parents' and Children's Department of November *Nautilus*. And don't forget there are many, many parents who might find help through New Thought in a similar crisis, but who as yet are unacquainted with the teachings of Truth.

"PRAYER OF THANKSGIVING."

An unusually inspiring feature poem, by Abby Hedge Coryell. It would make a beautiful bit of verse to memorize for use each morning of one's life. Look for it on page 12 of November *Nautilus*. It will add to your enjoyment of Thanksgiving if you try to express its spirit. "Beloved, You Are Free" is another little poem scheduled for November that we think you will like. And we hope to have room for still another poem, "Light," by Edgar Daniel Kramer, whose work is known and loved by many *Nautilus* readers. The principal features of November *Nautilus* are described on next page. It might well be called the prosperity number, because so many of the articles deal with that subject.

NEW THOUGHT HEALS AN ULCER.

Here is a letter that was received last January. We feel it will be a source of encouragement to others, and inspire us all to active work to the end that the New Thought message may reach many more new homes this coming Thanksgiving Day:

"I have been interested along New Thought lines for some ten years and have absolute faith in its teachings. I am fifty-four and have been having for seventeen months a very serious ulcer on my leg, caused from a milk leg eighteen years ago. In spite of all my faith, I could not seem to get relief until Thanksgiving Day I made a covenant with God that if He would heal my leg I would do all in my power to become an instrument to proclaim His healing power to all those with whom I came in contact needing His help. Marvelous to the unbeliever, my leg is practically perfect, with the exception of an eruption which I lay to God's way of getting the poison out of my system."—MRS. E. M. C., Mass.

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Along about the time you read these lines the editors of *Nautilus* will have returned from a short trip abroad. Believe me, getting ready for even a short absence gives no time for regrets where one has a magazine for a baby. We have taken much pleasure in selecting, far ahead, the contents of each number, and we hope you have found them to be *what you wanted*. Perhaps you will write us a short letter if you have something in mind that you would like to see in future issues of *Nautilus*. Please do. We love to hear from you, even if our acknowledgment of letters is sometimes brief.

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Leading Features of November Nautilus

It Pays to Listen to Your Subconscious Self, by Virginia Lind Buquo, M. A. Listening for the right hunch paid the author well. She also gives many other interesting incidents of intuitional guidance in business matters, in the way of protection from danger, etc. How a child was saved from a fatal accident, a home from burning, etc. Miss Buquo holds two college degrees, one, Master of Arts, having been bestowed upon her by Columbia University. She has had a varied experience as a newspaper writer and business woman and for some years has been engaged in New Thought Center work and in lecturing and teaching.

How to Get the Prosperity Consciousness, by Grace MacGowan Cooke. Mrs. Cooke is the distinguished author of a dozen famous novels, including "Wild Apples," "The Straight Road" and "The Joy Bringer." From her delightful little studio in Carmel By-The-Sea, with its wonderful view of ocean, and beach, and rugged, wooded headland, Mrs. Cooke sends direct to the readers of *Nautilus* this special message on: "How to Get the Prosperity Consciousness." You will be deeply interested, as I was, to note how perfectly Mrs. Cooke's philosophy fits in with Mr. Landone's ideas of "Radiating Prosperity." But she approaches the subject from a woman's viewpoint. She vigorously maintains the value of tithing as a means of prosperity because it helps you



GRACE MacGOWAN COOKE.

to send out, to establish the habit of radiating. It is well worth reading again and again, for it contains the basis of the most advanced teaching concerning prosperity.

The Four Points That Increased Westfall's Business 400 Per Cent In One Year. This is No. 5 of Dr. Golden's True Stories, and you will love it. It is about a man who was in a rut, who couldn't make his New Thought theories work. He had to have a certain amount of money by a certain date or close down his business. The money came in an absurdly simple and natural way as a direct result of his effort to put the Four Points into action.

How Some Use the Mind to Help Themselves, being No. 6 of "The Power of Mind" series by Pierson

W. Banning. How the habit of prayer is made a part of the regime of several successful college football teams. How a classic was successful in the use of prayer for advancement in her art and finances.

The Mother As A Creator, by Laura F. Beekman. An intimate little article by a mother to mothers. It deals with some of the problems of childhood in a very practical way and will prove an inspiration to many mothers.

All of These in November Nautilus

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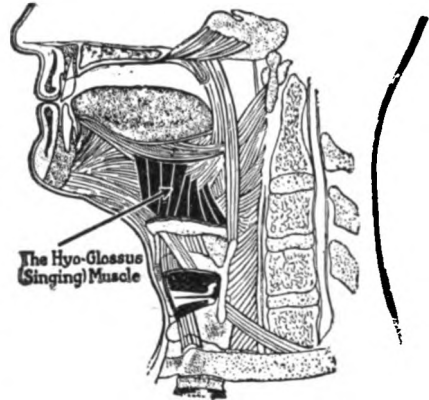
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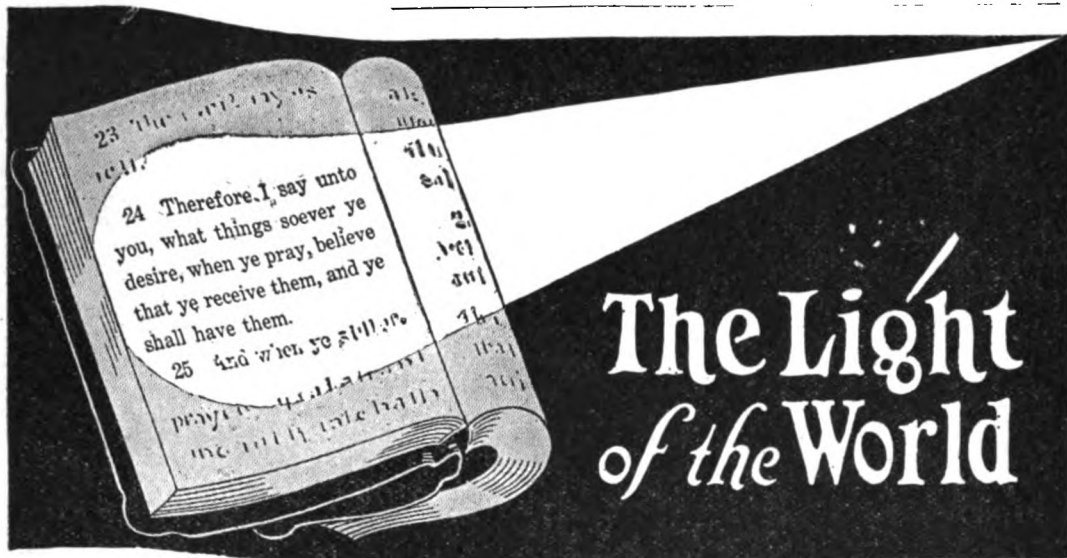
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The Light of the World

JESUS realized that men and women living in this practical, common-sense world needed many different things for their comfort and happiness. Even at the time when HE was here, they needed food, and clothing, and shelter, and love, and music, and the means of travel and transportation. And the needs of present-day men and women are not very different from the needs of men and women who lived in Palestine nineteen hundred years ago.

Jesus Himself had all of these things. He wore good clothes, ate good food, and went when and where He willed. The comforts and luxuries of some of the best homes in Jerusalem and other cities and towns were His whenever He chose to avail Himself of them, and among His intimate friends were many men and women of wealth, refinement and high position. In the text illuminated by the ray of light at the top of this page He tells how to get these things.

The tragedy of the whole matter is that so few people have received the things for which they prayed, and that so many good Christians are poor, and sick, and disappointed, and miserably plodding along toward the end of life sustained by the hope that the next world will be better than this one.

Jesus was not a practical joker, nor did He give His people a stone when He knew they wanted bread. When He said, "What things soever," He meant "What things soever". He was not talking about some kind of vague spiritual blessings; He was talking about the things that men and women desire, and that would enable them to make their lives what they want them to be. But He requires that one who is praying for a certain thing shall believe that he already has it. The American version of the New Testament puts this belief in the past tense—"Believe that ye have received," etc. Such belief is practically impossible

in the great majority of cases, and that is why so many prayers go unanswered.

The wonder-working science of Practical Psychology, among many other remarkable achievements, has devised a number of simple little methods whereby one may induce himself to believe for a moment that he has already received the things which he intensely desires, or prays for, thereby enabling him to comply with the terms prescribed by Jesus, and actually to get the things he desires.

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THE NAUTILUS

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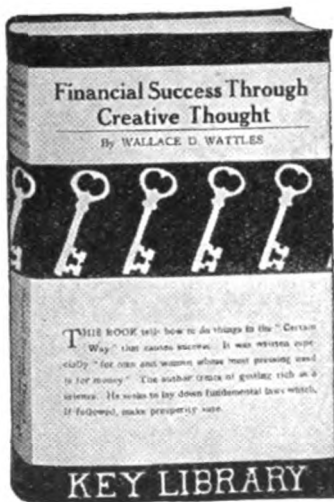
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How a Discovery That Stunned Me Brought Me a Ravishing Complexion

The story of a girl with an unattractive skin who almost lost her sweetheart, but suddenly became radiant and beautiful

IT was the night of the big party, and my cousin Marion and I were upstairs taking a last hasty peek in the mirror.

"Do I look all right?" I asked her.

"Your new dress is adorable. I'm sure Jim will propose to you tonight."

She had guessed what was in my heart and mind. Jim had been so sweet to me these last few weeks. I began to feel that he cared for me as I cared for him. Tonight he might tell me what I longed to hear.

"Jim's in the library," Marian said. "Let's surprise him."

We tiptoed downstairs and peered into the library. My heart stood still! There, in the shadowed privacy of that room, Jim was embracing Peggy Lang!

I dashed upstairs. Marian followed me.

"Now, look here!" she said. "You know that Peggy is just a silly little vamp—and no doubt she flirted with Jim as she flirts with everyone."

Tears came flooding to my eyes. Marian took my hand. "Let this be a warning, dear," she said. "I know Jim likes you, but you'll lose him unless—"

"Unless what?" I demanded.

"Well,—frankly, unless you make your skin more attractive. How can you expect to compete with pretty girls when you let your complexion get so—unsightly?"

I felt humiliated. But she was right. My skin was coarse, oily and blemished, tiny crow's feet were beginning to show—the pores were enlarged. I turned to her helplessly.

"What can I do? I've tried creams and lotions and massages. Nothing helps. You once had a poor complexion, Marian. What did you do to get your skin so clear and smooth?"

Marian told me. I listened in amazement. Like a pair of conspirators, we planned to try her secret on my complexion; and with a much lighter heart I went down again to join the party.

Two weeks later Peggy gave a party at her house. I went with a joyous new confidence in myself. My mirror told me that

I now had a clear, beautiful, unblemished complexion—that I looked younger, fresher, prettier. All the blemishes were gone, crow's feet had vanished, the texture of the skin was soft and smooth. Marian's secret had actually given me a new complexion. Jim was astonished when he saw me. "You look wonderful!" he whispered. "I never realized before how beautiful you are!"

But I'm not beautiful. It's just my new complexion that makes Jim think so! A clear, fresh, attractive skin makes even the plainest girl look pretty.

Amazing 20-Minute Treatment

What Marian told her cousin is not really a secret. Already thousands of women have profited by this remarkable 20-minute way to a new complexion, discovered by the famous health specialist, Susanna Cocroft.

Ordinary methods fail to produce results because they treat only the surface skin—not the underneath skin, where the real trouble lies. But this new treatment gets right to the very cause of most skin blemishes. It quickly draws out all the glorious charm, freshness and beauty that lies hidden beneath even the most unattractive outer skin. The clogged pores are cleansed, purged of their poisons. Even after the first night a wonderful difference is seen. Tired lines, oiliness, enlarged pores, sallowness, blemishes, sagging muscles—all should quickly vanish.

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Susanna Cocroft's amazing 20-minute treatment is positively guaranteed to convince you in only 15 days that even a blemished, sallow, muddy complexion can be made smooth and clear as a child's—or your money is instantly refunded on request, with no questions or red tape of any kind.

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The Only Time In 8 Months Brown Landone, Again Gives Help in Hidden Causes



(1) Mr. Landone is sorry that he could not announce this Service Work last month, as he promised to do. It was impossible—God gives him only 24 hours a day;

(2) Three years ago, he announced this Service Work 12 times a year; last year, he had to cut it down to 6 times;

(3) This year there will be only four announcements; in fact, this will be the only announcement in 8 months—between June 1926 and February 1927.

(4) Therefore, register NOW, if YOU want this help before March 1927. This is YOUR time to attain WHAT you want!

FROM COMMENDATIONS—PILED three feet, nine inches HIGH!

ELEVEN DISEASES GONE IN ONE MONTH: "Imagine eleven different physical ailments folding their tents and silently stealing away in one short month."—FROM A LONG TIME SUFFERER.

AFTER 10 YEARS OF STOMACH TROUBLE: "I have been better than for nine or ten years. I am able to keep going now without lying down after eating."—FROM ONE WHO IS JOYOUSLY GROWING HEALTH.

BEST OF MY LIFE: "It has been a little over a year since you made your study of Hidden Causes for me, and I want to say this year has been the GREATEST YEAR of my life."—FROM A PROMINENT BANKER.

AFTER THREE YEARS OF TB: "About a week ago, my doctor, who has been taking care of me for over three years, came in to see me. He listened to my chest and said 'Why, that does sound good! The cavity in the left lung has almost cleared. Air is going through the lung nicely; something that it has not done in years.' It is due to nothing else but YOUR work."—FROM A REJUVENATING MOTHER.

HIP CONDITION CHANGED: "I sat down on a low stair step and rose easily without help; the first time since I hurt my hip four years ago. I feel as limber and light as though able to fly."—FROM ONE 80 YEARS OLD.

GONE, AFTER YEARS OF HEADACHES: "I did not have one headache—an unheard of experience heretofore. Thanking you for past kindnesses."—FROM A SUFFERER OF THIRTY YEARS.

BODILY PROPORTIONS OF BEAUTY: "Strange to say my weight is becoming proportional to my height. All of which means that another human being has found the truth of your teachings. I can never tell you just how I appreciate it."—FROM A WOMAN RE-MAKING HERSELF.

HEADACHES GONE, HEARING BETTER: "I am progressing! I walk without the least fatigue. I never have headaches now and my ear is very much better. I am a happy woman."—FROM ONE WHO HAD SEMI-PARALYSIS.

SEEMS UNREAL: "Driving my coupe, I left

E— at five A. M. and reached J— at 2.30 P. M.—distance 240 miles! It seems unreal! Previously I was so weak—so peevish, scarcely left my home!" — FROM ONE WHO WAS SUFFERING FROM NERVOUS EXHAUSTION.

TWENTY POUNDS IN TWO MONTHS: "I have gained 20 pounds since July!"—FROM A SUFFERER FROM ARTHRITIS DEFORMENS.

WALKING WITHOUT CANES: "These two years I have used two sticks in going up and down the slope in our sidewalk. Now for a time I used only one stick; and yesterday I walked it easily without any—using divine energy instead. I praise the Lord!"—FROM A YOUTH GROWING WOMAN OF 82 YEARS.

NEW HEALTH AND JOY: "My hair is almost free from gray, my husband is a different man from what he was. The children are all so good in helping—it is a joy to be with them."—FROM ONE WHO AFTER YEARS OF TRAGEDY FELT THAT SEPARATION WAS THE ONLY REMEDY.

INCURABLE (?) EYE PARALYSIS BEING CHANGED: "I was told that I was seeing with but half the retina of each eye. The other half was dead, so the specialist said, several years ago. He gave me glasses for the right eye, but COULD DO NOTHING for the left. I am very pleased to say, however, that I have noticed a distinct IMPROVEMENT in the left eye in the last few days."—FROM A BUSINESS MAN WHO HAD BEEN UNDER SPECIALISTS FOR TWENTY YEARS.

NEW ENERGY: "UNTIL A WEEK AGO, I USED TO BE SO TIRED, RESTLESS, AND NERVOUS BY EIGHT O'CLOCK IN THE EVENING THAT I JUST HAD TO GO TO BED, BUT during the ten days that I have been doing this Remedial Work of Freeing the Body, I have had a feeling of GREATER ENERGY all through my body and have DONE MORE WORK AT NIGHT. The past four nights I have used my typewriter until after ten o'clock at night, completing the article of several thousand words, and I HAVE NOT been tired at all or sleepy."—FROM A WRITER.

HIDDEN CAUSES: The service is INDIVIDUAL HELP in discovering and revealing unused capacities, suppressed instincts, impulses, desires, emotions and thoughts which prevent you from demonstrating those things, attitudes, and conditions to which you have a divine right.

A PRIVILEGE: Mr. Landone's help is a PRIVILEGE GIVEN to others. NOT a service sold for profit.

NUMBER LIMITED: As this is personal work, NOT done for profit, hundreds can NOT be accepted—hence THIS month—only 40 will be registered for Health and 40 for Personal Problems.

INDIVIDUAL: This is NOT a course of general lessons. It is particular individual help by confidential correspondence with Mr. Landone.

BASIS OF COST: The fee covers only the CASH COST. Mr. Brown Landone does this work without compensation for his time or service. For two years cost has averaged \$13.45 per person. The fee may be likened to the express or freight CHARGES on goods sent you as a GIFT. The goods are Mr. Landone's Services, for which he charges nothing—that is, the fee merely covers the actual cash which Mr. Landone pays out for the sake of rendering service.

REGISTRATION FOR THE PRIVILEGE: To be accepted for work in the October-November group, mail \$13.45 before October 29th. Work will be begun in the order in which applications are received. ADDRESS AND SEND FEE TO

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Wanted--Your Services

As a Real Estate Specialist

Make big Money—I made \$100,000 in less than 5 years. Learn how I did it. Use my successful system. Begin at home—in your spare time. Make money my way. Start now. Free book tells how.

Are you in the same hole I was in?

Are you stuck in the rut of *hard work and poor pay*?

Are you dissatisfied with your job, your *income* or your *prospects*?

Are you having a struggle to make both ends meet?

Are you putting up with the *crumbs* of life while others are getting all the *cake*?

Then you are the man I want to talk to.

Listen!

When I made up my mind to get started in the real estate business, in my spare time, I was receiving a salary of \$100 a month.

I was doing work I was not fitted for and which I thoroughly disliked.

I was living in a gloomy boarding house, wearing cheap clothes, striving to keep out of debt, and getting mighty few of the good things of life.

In less than two years after I started to specialize in real estate, I was making nearly one *thousand dollars a month*. And in less than five years, I cleaned up a net profit of *over one hundred thousand dollars*.

To get the whole story of my success in real estate, and how you, too, can succeed, write at once for my free book "How To Become a Real Estate Specialist." It contains my *history* and your *opportunity*.

Follow in My Footsteps

If you want to learn the secret of my success—if you want to use my money-making methods—if you want to follow in my footsteps—this is your chance. And *now* is the time to get started.

I have studied real estate conditions in this country very carefully, and my investigations convince me that the next ten years are going to be banner years for real estate.

Furthermore, my experience satisfies me that there is no better business to get into. It is more healthful than most indoor jobs—you can start in spare time—you can begin with little or no capital—it does not require years of study like medicine, pharmacy, dentistry, law, engineering, electricity, architecture, etc.—the beginner is paid the same rate of commission as oldtimers—the business is practically unlimited—it is estimated that there are thirty million properties in the country and that ten million of them are always on the market—it is a per-

manent business, not affected by fads or fashions—it is constantly growing as population increases—it puts you in touch with the best people—it is a dignified, pleasant and worthy occupation with great possibilities for big profits.



Put your name before the world

If you want to make big money as a Real Estate Specialist—if you want to use my amazingly efficient system—let me hear from you at once. I will send you—without cost or obligation—my free book, which fully explains how you can get started—in your spare time—just as I did—in a new kind of real estate business that is as far ahead of the old, moss-covered methods of the average real estate agent as the automobile is ahead of the ox cart of our forefathers.

What Others Are Doing

As positive proof of the success of my modern methods, read the following brief extracts from some of the letters that come to me from those who are using my scientific system—following in my footsteps—making money my way:

"It may astound some to know that I have made between \$8,000 and \$10,000 over a three-month period, which may be directly attributed to your splendid Real Estate System."—A. W. Foegeen, New York.

"I have been helped a great deal by your system. I have now a new car, two new typewriters, a stenographer and a dandy office, and money in the bank, all through my own efforts and without any capital to start with."—Alice Moore, Conn.

"I was a Ford salesman earning \$300 a month. Your Real Estate System increased my earning power 200 per cent. I now own a Chrysler Sedan, up-to-date office equipment and have increased my

bank account."—Alfred J. Bennett, Mich.

"Your System is wonderful. Without giving up my job as stationary engineer I made \$900 in three months in my spare time."—Matthew J. Stokes, Penna.

"Without your Real Estate System I would still be making \$35 a week instead of around \$200 as a starter."—R. K. McLendon, Ore.

"I have sold many thousand dollars' worth of Real Estate and have deals pending that will go beyond \$300,000 mark. Owe all my success to your comprehensive System."—Carrie Marshall, Miss.

There isn't room here for any more such letters, but send for my free book, "How to Become a Real Estate Specialist." It is filled with stories of success. And it makes plain how you—too—can use my money-making methods to build a profitable independent business of your own—just as others are doing.

Act Promptly

Investigate this splendid business opportunity at once. Learn how easy it is to follow my methods and get big money for your services as a Real Estate Specialist.

The business needs you. It offers rich rewards for trained men. A recent article in the Saturday Evening Post says: "Realty needs a Moses; it shrieks aloud for a teacher; someone to make the masses realize that it has been following a blind leadership; that the diets of the narrow and the prejudice of the few should no longer hold sway. Realty is a comparatively new field of endeavor. . . . Apply the same acid test to it you would to any other business. Reason out for yourself the whys and wherefores and then act. The age of inquisitorial realty criticism is past; the renaissance is at hand; great progress, with resultant profits for the thinker, is in the making."

So, mail the coupon now—before you lay this magazine aside—and receive, without cost or obligation, a copy of my new book, "How To Become a Real Estate Specialist." From it you will learn how you can use my successful system to make money my way—how you can get started right at home in your spare time—without capital or experience—and establish yourself as a Real Estate Specialist, in a high grade, money-making business of your own.

Be prompt! Your opportunity is **HERE** and **NOW**. "Wise men act while sluggards sleep." Write your name and address on the coupon and mail it at once to American Business Builders, Inc., Dept. 8-J, 18 East 18 Street, New York. You will then have the satisfaction of knowing that you have opened the way to a profitable business career for yourself as a Real Estate Specialist.

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The Initiate

By Marchesa Florence Alli-Maccarani

They asked him what hid seed he'd found
In scriptures old and volumes new?
What rose might bloom on common ground
For all, not but for few?

The seed is truth, its flower, he said,
Is the pure love that sheds alone
Sweet fragrance from its petals red
Wherever it be thrown.



NAUTILUS MAGAZINE

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MONTHLY
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OCTOBER, 1926

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EDITORIALS

by Elizabeth Towne



*"Build thee more stately mansions, oh, my soul,
As the swift seasons roll!
Leave thy low vaulted past!
Let each new temple nobler than the last,
Shut thee from heaven with a dome more vast,
'Til thou at length art free,
Leaving thine outgrown shell by life's unresting
sea."*

—Holmes' "The Chambered Nautilus."

A Healing Treatment.

DISEASE is nothing but the expression of fear thoughts, and neither fear nor thinking has any power over you.

YOU are pure spirit, the perfect idea of God. God is your life, your power, your wisdom, your health.

God is your life expressing through you in love and beauty.

God is your power working in you to will and to do of His Good Pleasure, which is your good pleasure.

God is your wisdom, to know how to care for your body, as the holy temple of God's life, which is love. His wisdom leaves you to care for your body in just the right way to keep it clean and beautiful in love and truth.

God's life flowing through your consciousness in love and beauty, is your health, or wholeness.

You are perfectly whole with the wholeness of God, NOW.

You realize your wholeness in God NOW.

You rejoice in God's perfect health NOW.

You rise and take up your bed and walk NOW!

To One Who Thinks Her Husband No Longer Loves Her.

I FANCY your husband is mistaken in thinking that he does not love you. He probably loves you as much as he ever can or will another woman, until he outgrows his old-fashioned view point about marriage.

Evidently he thinks the woman's one business in marriage is to warm her husband's slippers at night, get his meals, and act as a valet, cook and be a companion to him.

That did very well as an ideal for our great-grandparents, but alas! times have changed. And the man who cannot meet the times, and adjust his ideas of a helpmate, will certainly continue suffering in his selfishness, which is the result of his hanging on to his inherited ideals of marriage.

In these days, with many a wife earning her living and working all day just as the man himself does, the man must modify his exactions, or he will certainly lose the wife.

And with the wife, ditto. Her problem is the same that it was two hundred years ago, *except* that she now often earns her living like any man.

The woman always was jealous and resentful of the man's chief interests being business and other outside matters; now the man is living under the same conditions that women have always lived under, and he is doing the same foolish thing that the woman has always done! He is jealous and resentful because his wife does not spend her time and energy and thoughts serving his creature comforts. Evidently the man has no more sense than to meet these new conditions in exactly the way



EDITORIALS by Elizabeth Towne



that the woman has always met them—with jealous resentment!

The only thing that makes a true marriage is LOVE, and love is *not* love unless it seeks to serve the other one—to make life easier, happier, more fully satisfying. And under the new conditions this cannot be done by each one spending his time and thoughts on serving the *physical comforts* of the other. We live so fast and so full, that no one can spend his time thinking about the physical comfort of himself, nor of another. Each one must *get the work done first!* After that, they can both be lazy and comfortable TOGETHER, for certain hours.

After all, the new way is better than the old, because now the wife and the husband each pursue their own course during the day, each busy earning his and her own living; and then in the evening they can spend their time *being comfortable TOGETHER.*

An exacting spirit in either one of them, the spirit of looking upon the other one and finding fault with him or her, because he or she does not come up to some old-fashioned standard of personal serving, is the worm in the bud of marital happiness. Between you and me, it is the *ONLY* worm that ever does or can destroy the marital happiness of two people who have deliberately married each other because they believed themselves to be in love.

▽

Getting the Other Partner's View Point.

THE trouble with us all, men and women, is that we do not use our imagination on our partner's job. We do not try to visualize the situation from his or her point of view, instead of from our own. We are always trying to make the other fellow over, so that he will serve *our* comfort!

And we are so accustomed to considering comfort from the purely physical point of view, that we entirely forget that LOVE IS SPIRIT, not physical comfort; and that the only way to love, and to be loved, is IN SPIRIT, IN TRUTH, IN FREEDOM.

Be sure you remember that your partner has a perfect right to criticize you, either to his family or in his own mind, if he wants to! See that you get your own mind right, that you love him in Spirit and in Freedom,

allowing him to be what he is, and think what he thinks! In due time he will "catch your vibrations," if you are faithful.

Remember that you and your husband are two perfectly lovely, beautiful, good green apples, and that loving each other, and thinking together, is helping you to grow riper and riper, more beautiful, and more at unity with each other *within your own consciousness.*

See to it that in looking at the greenness of your husband you do not find fault with him because he is *not yet ripe!* There is no reason why we should not enjoy the apple (in a different way) in the green stage, as we do two months later after it has become red! And the one thing that keeps us from enjoying, is that we are eternally comparing the green apple with somebody else's red apple, to the disparagement of the green one! Quit it! Laugh at yourself, make light of the greenness!—and *know* that every day, and every experience, is working out the principle which eventually shows forth as ripeness.

Love softens the soul, so that it will take the imprint of truth. Hard feelings are literally a hardened state of the soul, which *resends* (or resents) the Truth which has been expressed.

Truth spoken in loving humility, between man and wife, is what brings them into *conscious* oneness and enjoyment.

▽▽▽

To One Whose Marriage Has Not Been a Success.

I WILL tell you what you did in your own case that made it impossible for you to evolve a real marriage. As soon as you began to find out your husband's faults, you held him in your mind as a sort of broken idol. You kept piling up in your mind the human faults and failings of the man. You kept affirming to yourself that you had made a mistake in marrying him.

This made it impossible for you to evolve a real marriage between yourself and husband. It would make it impossible for even the two of you to evolve it; even if your husband had been as perfect as Jesus of Nazareth. Your own attitude of mind toward him precluded the possibility of your being happy in marriage. That very same attitude of mind

EDITORIALS *by Elizabeth Towne*

you would have held toward the other man if you had married him. And between you, you would have made just as much of a botch of marriage, if you had married each other, as you have both been making while you are married to other persons.

You speak about being "placed where real happiness could be yours." Real happiness cannot be limited by place or person. *Real* happiness is the result of at-one-ment with God, who is love within you, and who expresses through you in good cheer and helpfulness to the world.

The fact of the matter is that your happiness, your real soul satisfaction, is not dependent upon any *other* human being. God is your source of happiness, God *is* your happiness, *could you realize as you express* God or love, to others.

Leave the whole thing in the hands of God, in the world of real substance, and think nothing more about it! Instead, get busy letting your light of love shine upon the unjust as well as upon the just.

For we grow strong by letting our emotions *express in action*. The time we spend "Longing" or "Yearning" for something that we are determined that we will not do at the present time—all the thought we spend this way is not only wasted, but it devitalizes us. **WILL TO EXPRESS GOOD.** Good will *expressed* makes us strong and great and radiant and attractive to all good. But yearnings and longings and resentment and regret all tend to make us dark, moody, unattractive to good and weak mentally and physically.

▽ ▽ ▽

A Treatment For Success In Music.

FIRST, take the slow full breathing exercises as described in the Solar Plexus book, affirming with each inhalation "I AM," holding the breath a second, and on the exhalation saying to yourself the word "LOVE." Repeat this slowly, easily—not trying to fill your lungs too full, nor to hold the breath too long. Repeat this several times.

Then give yourself a treatment something like this:

My voice is God's voice, expressing His love and harmony and melody and joy to all the world.

My voice is God's voice, sweet and clear, like bells ringing out over silent waters!

I am strong with God's strength, in mind and body. My whole body is God's wonderful, beautiful musical instrument, fine and free and full toned!

Today I express more of God's beautiful quality of love.

Today I love more deeply, I think more clearly, and more beautifully.

God anoints me with the oil of gladness!

I sing sweet and clear, like bells ringing out over silent waters.

I love to let God sing through me!

Every day I grow more wonderful and more beautiful in expressing God's infinite song!

Repeat this over to yourself several times, and add to it as the thoughts come up in your own mind. Burbank your treatment, as the spirit in you suggests!

All you desire is yours to be believed in and worked out. Put your trust in GOD, expressing in and through you. Know that God is singing through you!

Go in to win and stick to it: for your body is the divine beautiful instrument that is perfected through your *wanting* to sing, *trying* to sing, **AND KEEPING AT IT.** Believe that God already gives you the desire of your heart, and keep on trying to express it.

Devotion to all that makes you loving and beautiful without and within, all that keeps you practising your music **IN FAITH BELIEVING**, all the things that you *do beautifully* in loving kindness and good pleasure—all these things are helping to perfect you as God's wonderful singer.

THE expression of the Infinite One is limited by the **KNOWLEDGE** of the individual: in proportion as man knows the truth of his own being he recognizes and expresses it. In proportion as he believes himself to be something other than what he **is** in truth, so long he recognizes and expresses **that** which is not truth, not beauty, not harmony.



The Publication
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Have You A Tiger?

By Chester H. Struble



SMALL BOY was troubled with an oft repeated dream of a tiger.

This tiger so filled his nights with terror that his condition became a cause for alarm to his parents.

They sent for a doctor, who it chanced, was both wise and understanding. He took the little lad on his knee and told him stories about birds and animals and then about seeing them in dreams. Then he said to the boy, "I hear that you see a tiger in your dreams". A look of terror came over the boy's face as he admitted he did. Then the doctor said, "You don't know it, but that is a friendly tiger. Tonight when he comes you put out your hand to him and say 'Hello, old chap,' and see how friendly he is".

That night, shortly after the boy went to bed the mother stole quietly up to see how he was sleeping. She found her son tossing and muttering much as before. But as she stood there she saw the boy's small hand come out from under the covers, saw him smile and heard him say "Hello old

chap" and then settle back to peaceful sleep which lasted through the night.

This is not my story, but that of a minister I know, but it illustrates a point.

It would have been useless for that doctor to try to shame the boy out of his fear of the dream tiger. To the boy the tiger was real and of course he thought it dangerous. This clever doctor went along in perfect accord with this boy's mind and only incidently suggested the idea that the boy might be mistaken about the bad intent of the tiger. He then suggested that the boy make a test for himself. And the boy, more than half inclined to think he might have been mistaken found that he was.

Perhaps you know a child who has a "tiger". It may be only a lesson that he fears. Tell him this story and get him to put his hand on the "tiger" textbook each day and smile and say "Hello old chap, you are going to do me a lot of good". The suggestion will soon transform any study "tiger" into a friendly companionable "pal" for the child.

(Continued on page 42.)

(Next month—"Don't Forget the Change.")

Bringing to Life the Buried Self

By Rev. George C. Golden

How a Young Man was Freed from a Life Long Repression that was Blasting His Life.

This is the Fourth of the True Stories Series.

WE HAD worked on his case for two weeks but no progress was evident. He had had another practitioner "handling his problem" before he came to me but three months with her had been just as futile. We seemed at a standstill. It appeared as though we had drifted into a regular *cul-de-sac*.

He wanted to be a writer. In high school he had shown a *flair* for handling words and creating effects. During the war he had written some sketches that had attracted attention. His experience in a submarine had given him much color and his trips enabled him to create atmosphere, the intimate association with his "buddies" had increased his knowledge of human nature. Since the war he had been working in lumber camps in the north and he had about him the freshness and wholesomeness of the clean woods.

What he wanted now was experience as a reporter on one of the city dailies. He had no illusions about waking up some morning to find himself famous. At twenty-eight he felt that he had plenty of time to give himself good schooling in fundamentals and he believed that the experience he would receive and the training he would have to undergo on a first-class paper would be invaluable to him later.

He Made A Good Impression, But—

He had met with a good reception when he had made his application and the official had asked him to "drop around later". He had "dropped around" regularly every week—only to receive the same instructions.

Why wouldn't things "open up"? He was under expenses. His savings were disappearing. He had worked in line with his "vision". What was holding him back?

I gave a great deal of thought to his case. He had, from his first appearance in my office, made a friendship-appeal to me so I knew that I had succeeded in establishing that telepathic medium between us which is essential for the

student's reception of the practitioner's statements of Truth. His clear, brown eyes expressed honesty, his well-brushed and well-pressed clothing revealed an orderly, neat mind. It had been the most natural thing in the world for me to "open up" to this lad and in almost no time I found myself addressing him as "Jim". He must have made the same impression on the officials of the papers he had visited. What was holding him back?

Suddenly I Realized Something.

Suddenly, one day, I realized that in our little, informal, non-professional talks that succeeded the business, it was I and not Jim who had introduced the new topics and brought up subjects of mutual interest. When I had taken the initiative, he had fallen readily enough in with my pace, but I discovered that when I said nothing, he sat silent. There was in him, in spite of so many favorable traits, an apparent lack of essential aggression. It almost seemed as though he wanted to take a step but something held him back. It was my task to discover what that "something" was.

I took him every day for nearly a week, explaining first to him that if he were perfectly frank and open with me, I would be able to put my finger on some experience in his life that had created in him a conviction of inability or disqualification.

Carefully we traced the history of his life. Step by step he unfolded his individual drama. He sketched for me the old plantation home in the south where he had been born, the tobacco fields, and the cotton acres in which he had played as a child. His picture of his mother was a poem of exquisite sweetness and resignation—like one of Milet's provincials—but his portrait of his step-father was limned with sternness and fear.

Apparently peacefully and quite normally the tale unfolded, leading through shifts in mines in Pennsylvania, sessions in the college

halls of New England, exciting days in the years of the World War, and quiet, cool hours of meditation and visualizing under the red-woods in the northern lumber camps.

There was nothing in what he told me to create the much-talked-of complex. Unconsciously, involuntarily, he had held back the incident we both wanted to uncover.

I Found It An Exciting Game.

It was an exciting game—as interesting as working cross-word puzzles in “Judge”. I determined I was going to discover what I wanted if I had to make him “sit” for me every day for the rest of his life. I told him that he might just as well “come through” for we would ultimately “dig it up” anyway. He assured me, with profound and impressive honesty, that he was doing all he could to give me the utmost aid.

In spite of this, when he walked in the next morning, he said to me:

“Well, you didn’t get what you wanted yesterday, did you?”

When I first began practice and found my clients acting in this “smart-alec way,” I thought they were purposely double-crossing me. When they would pay for my time and sit an hour in my chair to tell me nothing but “lies,” I resented their action. But years of dealing with these kind of cases has made me more sympathetic—there is some trait in the human mentality, over which the individual seems to have no control, that apparently forbids him telling what he really wants to reveal.

“I Couldn’t Tell You, So I Wrote It Out.”

“Well, here it is,” he exclaimed, throwing an envelope on the desk. “I just couldn’t bring myself to tell it out loud to even you, so I wrote it out for you.”

I gave him a book to read while I perused his document but he might just as well have held the book upside down for all that he absorbed. He sat intensely straight, perspiration forming drops on his forehead, his lips so dry that he had to moisten them every few minutes.

“Your step-father told you that you were abnormal; that you were a degenerate and you believed him?” I asked when I had finished his confession.

“Yes,” he replied. “I have never been able to get it out of my mind and yet this is the first time I have ever revealed this story to

a single human creature. I have had it haunt me at night until it seemed almost to assume a human form that smothered me. When it happened, my step-father whipped me unmercifully and ever since then I have felt that if people only knew the truth about me, they would treat me as my step-father did.”

What kind of a man, I wondered, was this step-father who made the boy of eight believe that the theft of even a hundred-and-fifty dollars was important enough to blast the self-respect of a life-time. Stern, hard, cold and unfeeling, I pictured him, a natural condition for one who looked upon life as a terrible contest waged with the forces of drought and high-wages.

My heart went out to this lad who had carried this unjust accusation with him all his life, holding back from his closest friends, refusing to unburden himself even to his own mother.

People often wonder why the Roman Catholic Church has had such a consistent life through all the centuries but, as I looked at Jim and thought about his case, I saw one ministration that this old church gave her people that most of the Protestant churches did not even consider. It is the confessional. He who has done wrong feels that when he has made confession to an individual, he has left all his guilt where he has told about his crimes. In my own work, some of my most startling “cures” have apparently consisted of no more activity on my part than allowing the analyzed to sit in my “treatment chair” while he “told me all about it”. Telling it, looking at it in the impersonal light of a narrator seems to throw it entirely out of the mentality and prepare the soil of the soul for the implanting of the seeds of Truth.

“I have read this, Jim,” I said after we had talked about it for a few minutes. “Watch me. I am tearing it up. I’m destroying the tangible evidence of this incident and at the same time, all memory of it is being washed away from your consciousness.”

He watched me as though I were performing a religious rite.

Removing All Traces of the Complex.

I then reminded him of several principles of Truth. I told him of the promise of the Old Testament that God—our REAL SELF—washed away the consciousness of sins that were even as scarlet until the individual was as white and clean as snow. Then I reminded

him of the absolute statement of the Master that he, Jim, could do no wrong because the Christ had said of the man born blind that neither did he nor his father sin.

"It seems as though a weight has rolled off my shoulders," the boy exclaimed. "I never thought I would ever have such a sense of freedom as I am feeling right now!"

The look of life had come into his eye—he seemed illumined within by the Divine Fire.

The next day he was back to report that in his interview with the newspaper man immediately after he had left the office, he had secured the position he wanted.

I was not surprised. The spontaneity, the clean intelligence, the eagerness for living that had blazed on his face when he had seen himself in the new light would have drawn a blind man to him.

"It seems as though I'm living in a new world," he told me as he discussed his experience with me. "I can imagine nothing finer than the streets I'm walking. The people I pass on the avenue are etched for me in new colors. I feel virtue radiating from even the beggars I see on the street corners. To-day every breath seems to me a miracle, every word a revealed code that I'm just able to understand for the first time.

"It is as though," he concluded, "I'm now living from a deeper, a surer Center—that's about the only way that I can express it. You have uncovered the buried SELF within me and HE has, in very truth, made all things new."

(The next True Story will be "The Four Points That Increased Westfall's Business 400 Per Cent in One Year.")

Why Am I Not Healed?

By W. Y. M.

I KNOW that many have written on this subject, yet the problem seems not to be solved. So I am writing as I see and believe in my heart.

First, I think we have too little understanding of God, His nearness to us, His blessed power that is never far away, our real oneness with Him, the giver of every good gift. I want to try to show to my readers that He is ever present with them, never far away, as some seem to believe.

We are told that, "Every good gift and every perfect gift is from above, and cometh down from the Father of Lights, with whom is no variableness, neither shadow by turning". (James I: 17.) Then, if God ever gave of His Power to heal, let me assure you He has not changed. We also have the promise that "Thou shalt see greater things than these". (John I: 50) And that "God is love" and "God is spirit."

"That they should seek the Lord, if haply they might feel after Him and find Him, though He be not far from every one of us: For in Him we live, and move, and have our being". Acts 17: 27, 28. "For the temple

of God is holy, which temple ye are". 1 Cor. 3: 17. "What! know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own?" 1 Cor. 6: 19. "For through Him we both have access by one Spirit unto the Father. Now therefore ye are no more strangers and foreigners, but fellow citizens with the saints and of the household of God: And are built upon foundations of the apostles and prophets. Jesus Christ Himself being the chief corner stone; In whom all the building, fitly framed together, groweth unto an holy temple in the Lord: In whom ye also are builded together for an habitation of God through the Spirit." Eph. 2: 18, 22.

I am daily, hourly conscious of His abiding presence and power within and about me, and every living creature. Without this consciousness I could not heal, I could not use His power to bless the world of people about me who are needing Him today.

But, with this consciousness of *Oneness with Him* I can accomplish much good in His name and with His power.

This one perfect life that completely fills

the Universe is God, Life, Spirit, Love. For hundreds of years we have been living in a world of sound waves which could have been utilized at any time as they are now utilized in radio broadcasting and reception. So, we did not realize the joy and pleasure from it that we could have had years and years ago.

Not knowing of these sweet sound waves did not make them any the less beautiful or any the less real. Yet all that we can say is that we did not become *conscious* of them; not until God-mind filled some one of his children with the knowledge. Now all over the world God's children are tuning and listening in on things that are going on all over the world, music, news of the day, useful talks and lectures, even the blessed New Thought is being sent out now to those who wish to receive. We have not seen these sound waves. We do not have any material proof of their presence until we tune in, in a correct way. Then we receive that which we are seeking.

Just so has God filled the earth and all that it contains ever since the beginning of time. He is the ever-present Power, Spirit, Love, Substance, that completely fills and thrills every one of us, every living creature. I can see His blessed face wherever I chance to look. He is the fairy in every living thing to me. He is the secret of beauty and love in every little insect, in every flower that blooms, in every blade of grass.

I know that it can be so with all His children and then I am assured our heaven on earth will come; our day of complete peace with all the world and with all His creatures.

Then will we be awakened to that blessed knowledge that truly we are as ONE filled with the one perfect spirit of love.

Yet, we seem to make no special effort to begin at the root of our troubles and cleanse our hearts and fill them with love for all God's great earth. We do not stop to meditate and try to learn the secret of His blessed presence *within* and about us. The spirit of truth will teach us all things if we seek knowledge and understanding from Him. Our Father of love will direct us aright. His spirit in us is a healing balm if we but realize the truth of it for ourselves. An understanding of this great truth will of itself heal any error, when we are earnest and sincere in our efforts to knowingly abide in Him, the Father of Love.

I repeat that we cannot be poor and sick and troubled if we abide *knowingly* in Him and He in us. With His power all good is accomplished, and of ourselves we truly can do nothing.

We cannot stand the full blessing of this knowledge all at once. We must let it grow within us as from a tiny mustard seed of truth into a mountain of power, love and knowledge. Too often we give up too easily, saying, "I cannot understand why God heals others, yet this power of healing does not seem to be for me".

Turn face about and know that God's healing is for all alike. He is no respecter of persons.

Only seek to know Him, the Father of Love. Seek to realize His blessed Presence *within* and about you today!

Prisoners

By M. S. Burley

PRISONERS; the word brings a picture of
crime,

Of manacled wrists and eyes of shame,
And the prison we think of is built of stone,
Where each one sits in his cell alone.

But there are prisoners all around,
Going with soul and body bound,
Who might as sons of God be free
If the warden Self would turn the key.

What Is This Power Of Mind?

By Pierson W. Banning

No. 5 of "The Power of Mind"

NO ONE with any experience or degree of understanding, or who has read understandingly what others have gone through can deny that some peculiar power exists, that is known under various names, and which can be made use of under certain conditions.

What was it that was experienced in the mental, moral or spiritual struggles of the wife of a suspected man in answer to her earnest desires for proof of his innocence.

In telling about it she said:

"My husband, who had been at the head of a large corporation which had failed, had been accused of embezzlement of funds. I knew he was innocent and I knew how the funds had been used, for the books and records had, many of them, mysteriously disappeared. One paper concerning a large Eastern transaction had completely dropped from sight. It was upon this deal that my husband's exoneration hinged.

"Only one man in the concern kept his faith in my husband. Every hour I kept repeating; 'One can put a thousand, and two can put ten thousand to flight.' And I prayed; 'O God, justice must prevail.' My own people were against him but I knew I needed only God, and there I clung.

"The first day of the trial only the witnesses for the prosecution were heard. That evening his friend came to me and told me unless we could find those records, our case looked very dark. I went to my room and stood looking through the window at the shades of the setting sun. My heart was so full I did not know what more to do. As though from a spoken word there came a message to me; 'Go look in a box in the corner in the storehouse.'

"I went and pulled out paper after paper

and there, nearly at the bottom, I found letters and telegrams that had been filed away. that answered every purpose. Inside of thirty minutes after his case was called the next day, it was dismissed. Since then I have never doubted the power of prayer."

What actually resulted?

The psychologist would say that the great desire on the part of the wife caused brain cells to awaken bringing again to her memory, either directly or by association of ideas, forgotten memories of such files.

Followers of the various schools such as New Thought would say that the great desire on the part of the wife, together with the concentration of her mind and will upon the absolute need for evidence, drew to her mind the knowledge of where they were to be found.

Another analysis some will give is that of the orthodox church that teaches earnest prayer will do all things, if faith and an absolute belief in God accompanies it.

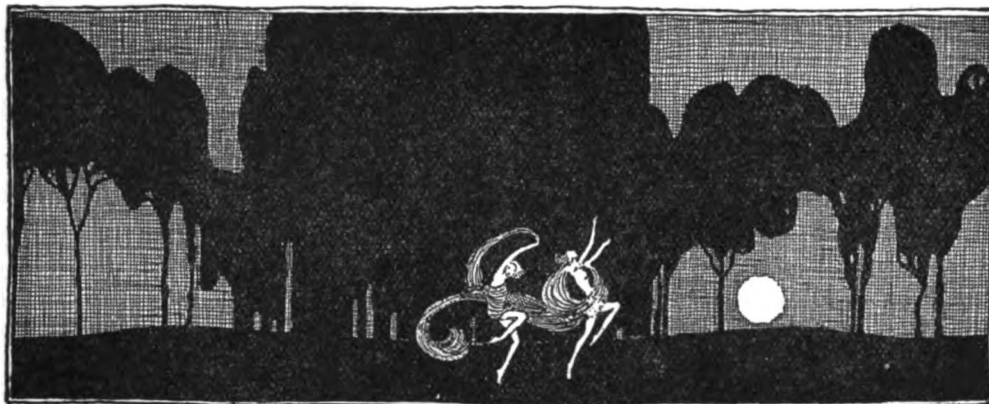
Another analysis is that of the Christian Science groups who realize that man always knows what he needs to know when he needs to know it, for in the Divine Mind, which is the world of reality, nothing is ever lost. And that all one has to do is to absolutely know that what man needs is already his, as nothing can be misplaced in Mind, nor is there reality to fear of failure, for fear is merely ignorance of Truth.

Regardless of every explanation, many know a power does exist that man can fall back upon, when it is sought for proper purposes. We are only now beginning to realize the wonders and unexplored power of the mind as daily demonstrated in all kinds of ways in all parts of the world.

("How Some Use the Mind to Help Themselves" comes next in this series.)

NO truth so sublime but it may be trivial tomorrow in the light of new thoughts.

—Emerson.



Where God Awaits

By MARJORIE FLEMING

THE preacher droned of wretchedness and sin,
 The patient congregation meekly sat
 Agreeing that its sins were manifold,
 The world a sodden heap of misery,
 And death the only hope of happiness.
 His words came faltering on the hot air...
 Flies buzzed... fans waved... "Jerusalem the Golden"...
 Dresses rustled, heavy eyelids blinked...
 The children sighed and fidgeted and played
 Stealthily with their hymn-books or their frills...
 "In this Thy House, O Lord"... cicadas shrilled
 Outside, invisible; and the hot sun
 Laid searching fingers on the coloured panes,
 Making a haughty nose shine ruby-red,
 A downcast eyelid green.

Then, "Lord, dismiss us"...

But on the threshold of the stuffy church,
 Where flowers flaunted in the sun and birds
 And insects made a care-free melody,
 And one could laugh, and move, and greet one's friends,
 God's Self awaited us and smiled!

Passivity

By Edward B. Warman, A. M.

A Precise Method for Going Into the Silence

ONE of the most difficult things to teach and one of the most difficult to acquire is the true state of what is known in psychology as Passivity. It is, apparently, a negative condition; not habitually negative, however, but a condition that may be obtained at will. All we have to do is to push the negative button and "let go"; let go of what? Of all tension; of all *conscious* brain activity for the time being. It is the only, true, impressionable state. An impression cannot be made upon a *positive* or *agitated* condition. To illustrate: Someone is talking to you. Command passivity in order that you may do as does the Indian—he listens to, not what the white man *says* but to what the white man *thinks*.

Psychologically speaking, of still greater importance than listening to the words or thoughts of another is that of listening to the "still small voice"—the voice of your own soul. It is for that purpose, largely, that this article is written. It is for that purpose that New Thought urges the "Going into the Silence." This is but another way of expressing the familiar saying: "Be still and listen." When one has practiced sufficiently in *private*, he can "go into the silence"—the silence of his own soul—on the most crowded thoroughfare, in a street car, or under otherwise apparently very unfavorable conditions.

Christ's injunction: "Go into thy closet to pray," has a deeper significance than is usually attributed to it. He was not speaking literally but metaphorically when saying "Shut to the door." It was not for the purpose of shutting the *world* OUT but the desirability of shutting one's *self* IN—in with his own soul, and, thereby, become oblivious to otherwise disturbing surroundings.

You may recall the incident I give in my "Psychic Science Made Plain" where some fishermen driven ashore during a severe storm on the Atlantic Coast, found a man in one of the most desolate, out-of-the-way places, living alone in a little shack. He was, to the astonishment of the fishermen, the personification of Contentment. He was asked what

he did to break the monotony. To this, he replied: "I jist set and think, set and think, but, sometimes I jist set."

In the latter case he, unknowingly, stilled the objective mind, causing a state of *passivity* and, thereby, *receptivity*:—a necessary requirement for the delivery of a message should any such be waiting at the threshold of consciousness.

General Ulysses S. Grant, "the silent man," furnishes us one of the most remarkable experiences and a most unique example of securing the necessary passivity and state of receptivity for the solving of a problem that was beyond the ken of the conscious mind.

When the "Battle of the Wilderness" was at its height; when the burning mass of dead leaves and underbrush in the pine thickets was causing such suffering among our wounded; when the southern wind blew the smoke into the faces of those who were limping to the rear with hands and faces black with smoke, and arm or leg stained with the flowing crimson blood—in the midst of all this carnage, with such surroundings that were not conducive to "Going into the Silence," was the hero of this psychological study, exemplifying, in a most unusual manner, the wonderful effectiveness of PASSIVITY.

Sitting on the ground in a clump of trees and resting his back against a tree, smoking a briar-root pipe, was General Grant, *whittling*. Nearby were General Meade and the staffs of the two generals. But there was nothing in the bearded face of our hero that indicated that a great slaughter was going on; nothing in his face or actions that revealed the fact that two of the greatest armies that ever met on the field of battle were there in a death struggle; nothing in that calm, unruffled face to show that the fate of a nation was at stake; nothing to lead one to infer that he, indirectly, would be held responsible for the outcome of that day's terrible siege. He smoked and whittled, and whittled and smoked. The blue smoke came at regular intervals in measured puffs (another indication of a calm, undisturbed mental condition) and small chips

quietly dropped from the stick he was whittling.

During this time a staff officer rode up in great haste, dismounted, and handed a dispatch to General Meade. He, Meade, nervously tore off the envelope, perused its contents and then handed the message to General Grant. Grant did not stop smoking, but held the knife and dispatch in one hand, read the dispatch, returned it to Meade and resumed his whittling. He uttered not a word and was, comparatively and apparently, the only unconcerned man in the whole army. BUT, as is well known, when the Northern army moved out of "The Wilderness", the head of the column turned east to *Spottsylvania Courthouse* and *Richmond*, instead of to the west and retreat.

No one can ever know the thoughts that passed through the mind of General Grant on this momentous occasion, but we *do* know that, by his demeanor, he exemplified that he was master of himself in the absence of any mental perturbation; master of the situation, which was evidenced in the fact that the tide turned in favor of the Northern army; that the nation was saved and that this fact has now become a part of history.

What had the *whittling* to do with it? It produced the state of mind (passivity) most conducive to the receptivity, objectively, of the knowledge possessed only by "that something" which has the faculty of perceiving that which is not within range of the objective vision. The whittling, of itself, placed a *quietus* on the otherwise active mind, thus making possible the reception of that intuitive knowledge which was being sought by this "silent man" who knew the value and wisdom of keeping his own counsel and, thereby, avoiding adverse suggestion.

Anent whittling! To the oft-repeated question: "Do whittlers think of anything else when they are whittling?" This is best answered by one who is, himself, a noted whittler. I refer to Mr. Frank Johnson of Indianapolis, Ind., a Civil War veteran—my comrade.

Mr. Johnson says: "An old experienced whittler whittles subconsciously. The act of whittling does not interfere with his thoughts in regard to the cares, worries and responsibilities of life. He either thinks and whittles or whittles and thinks. Both are done simultaneously, yet each is wholly independent of the other."

It is, to me, a very clear conclusion that while the whittling is taking place there is no mental *effort*—just a "listening in" to the soul's radio. That is my definition of PASSIVITY.

To those who have difficulty in securing this condition I would say that the first requisite is to still the body as well as the mind, remove all tension, relax, let go. Do this, repeatedly, if only a few minutes at a time as a preparation for a longer period. You will be surprised how calm you will become. Power does not dwell in anxious minds.

While your body is becoming subject to your will, your will is being strengthened by the reflex action. Mind and body are being attuned. Through this act of co-ordination you are not only gaining in mental and physical strength but are securing the necessary steps toward obtaining passivity.

Let us make this practical, based upon the theory advanced. You have an unsolved problem on hand. Let us call it a business proposition. Objectively, you have gone to the limit of your mental resources but have been unable to reach a decision. You want to consult someone. Whom shall it be? I would suggest *yourselves*, your *Higher Self*, your *Impersonal Ego*. How to proceed? Go into the Silence. "Shut to the door"—the mental door to the outside world. State the case, *audibly*, to that power that is within (by whatsoever name you may choose to designate it). I say, *audibly*, because of its greater effectiveness—to you. Ask for light—spiritual light; for guidance—spiritual guidance. The Spirit of God dwelleth within. Have faith that the knowledge or advice will be forthcoming. If not immediately then in due time; it depends upon the nature of the request and-if-it-is-best for us. In the meantime do not *nag* the powers that be. Be patient. Do not *wonder* if it will be as you desire. To wonder, is to *doubt*; to doubt is to *fail*.

After "Going into the Silence" and you have "rested your case", go about your regular duties with a song in your heart. You will if your FAITH is sufficient to produce the right mental attitude—that of *expectancy*.

The foregoing formula deals, largely, with a business proposition but it applies with equal force and as effectively in the affairs of the heart. Try it; then "Be still and listen."

(In November NAUTILUS read "It Pays to Listen to Your Subconscious Mind.")

God Prayer Is Always Answered

What It Is and How To Pray

By Brown Landone

Article 7 of New Confessions

THIS article may be a *shock* to some people: It is (1) a confession of my failure in the use of prayer for years, (2) my discovery of true prayer as revealed by God, and (3) the proof that God-Prayer is always answered.

I illustrate the article by two cases: One, a wonderfully sweet soul, a woman of fifty-nine, twisted and crippled with rheumatism and suffering from neuritis; the other, a remarkable man of forty-two, financially broke and near bankruptcy. Since both of them had been devout church members in childhood and youth, and later students of Truth, and since both depended on prayer—faithfully and trustingly using prayer, their souls questioned *why* their prayers were unanswered. There is only one way to find out: (1) to understand the *nature* of the prayers we have been using, (2) to learn *what* God-Prayer is, and (3) to learn *how* to pray.

In boyhood, I thought that the nature of prayer was entreating, petitioning, or asking God, to give me or others what I thought was needed, or to keep from us that which I thought would be detrimental. One of my earliest boyhood prayers was a petition to God to give me \$50,000 all my own, to help a man who needed that amount; and I remember promising God that if He would give me the money, I would consecrate the rest of my life to His service!

Although I tried to feel sincere at the time, yet deep in my heart, I knew that my promise to devote my life to God's service was a damnable bribe! And, let me be honest in this confession—that kind of a prayer meant that I thought God was the kind of a God who could be bribed!

Of course you recognized that my prayer was an attempt to bribe God because I put my promise in plain words! But do you also recognize that *every* petition to God is sub-

consciously an attempt to bribe Him? Whether the promise is put in plain words as I put it, or whether the petition is urged for the fulfillment of a desire so that one will live better—there is an *expectation* of doing something God wishes us to do, if God will only comply with the request. Such prayers are not answered.

Second, when I knew more of the science of Truth, I thought of prayer as *divine desire*—believing that every desire in accord with the nature of my soul was a prayer to God, and believing that every affirmation of God's Truth was a prayer.

Third, I thought of prayer as a *spiritual demand* made upon God for the things and conditions I desired. Yet, during all the time I believed in the prayer of demand, a still small voice within me kept telling me that any demand upon God was an insinuation that God was so *whimsical* that He would not provide for me out of His limitless abundance unless I demanded it; or that He was so *thoughtless* that He would forget to provide what I needed unless I jogged His memory. Such prayers are not answered.

Although I was progressing in Truth, I confess that until I was nearly fifty, most of my prayers were not answered. So I turned to the Bible to find out *why*! There was a time, when I felt that I should accept no authority except that of my own soul. But now I see that unless I use the Truth God revealed to those men who walked with Him, I have little right to newly revealed Truth within myself. So I studied the Bible to find out just what God means by prayer, and how He wishes us to pray.

What follows reveals the prayer that is always answered!

In the Old Testament there is *only one* word which is used again and again and translated "pray" or "praying." It is *PALAL*. It

is made up of two roots. One of these means to *judge oneself habitually and continually*. The other root means as *marvelously made, as wonderfully made, as miraculously and divinely made!* To be divinely made is to be made like God.

So I discovered how God wishes you to pray. It is to judge yourself as wonderfully, marvelously, miraculously, and *divinely* made like unto God, and to do it so continuously that it becomes a *habit!*

This is the meaning of *PALAL*, and remember this: It is the *only* word used many times in the Old Testament and translated "to pray", or "praying".

Now there is a Hebrew word which means to *intercede*. But it is translated "pray" *only once* in all the Bible! And it is used that one time to tell us that interceding prayer is of little value. We find it in Job: "What profit shall we have, if we pray to Him?" Job does not say that true prayer is profitless; but he does say: "What profit shall we have, if we ask God to *intercede?*" Remember the Hebrew word which means intercession is translated "pray" *only once* in the entire Bible, and that then it is used to tell us that it is of little profit. Since God is infinite *Love* and gives abundantly without anyone interceding with Him, and since God is infinite *Law* and cannot change Himself and all creation because you or I ask Him to do so, such prayers are not answered.

And now let us take up the word "prayer" as found in the Bible, for the Hebrew word translated "prayer" differs from the word translated "pray". There is *only one* Hebrew word which is used many times and translated "prayer". It is *TEPHILLAH*. It is made of three parts.

One part of this word means a *song sung to the music of timbrels*.

Another part of the word means *to dance to music*.

The third part means *praising the excellent and glorious*.

These are the meanings found in such verses as: "I have heard thy prayer," - - - "Their prayers came up to His holy dwelling," - - - "Make them joyful in my house of Prayer," - - - et cetera.

Oh, I know that this ideal of prayer is very different from that of the solemn faced churchmen! But this is *not* my opinion; it is the revelation of God's ideal of prayer and how *He* wishes you to pray!

If you are shocked at this, you are shocked at God's ideal of prayer! If you are shocked, it means that (deep within you) you still believe—in spite of all your affirmations to the contrary—that joy and song and laughter are of the devil and that only serious and solemn faced ideas are of God! If you *are* shocked, you're mistaken and out of tune with God!

To pray as *God* asks you to pray, habitually recognize the wonder of your own soul—marvelously made in the image of God—and do this in the spirit of singing and dancing, continually praising that which is excellent and joyously glorious!

Let us honestly confess that something has been missing in our use of Truth. We have taught it for some seventy years! Why then is not all the world transformed? Largely because we teachers of Truth have, on the one hand, *said* that God is all joy, and then, on the other, we have lived Truth so seriously that we've actually *chilled* its spirit and *frozen* the face of its Joy. We have affirmed with somber positiveness; we have gone into the silence with awesome solemnity; we have even sung our songs with polite sadness, afraid to let ourselves out in joyous expression!

Oh, let us change! Why be solemn, when Christ tells us that His purpose in coming is to fill our lives full of joy? "For thine is the Kingdom, and the power, and the glory," is a psalm of joy! How blind we have been! Read your Bible! Thousands of times, you are told to shout with joy!

And how did true prayer—the prayer of joyous laughter—cure the woman twisted and knotted with rheumatism, and heal the financial condition of the man near bankruptcy?

She is one of God's wonderful women—quiet, sweet, sincere and remarkably efficient. From childhood to motherhood she was piously religious—taking a leading part in all church activities, controlling every phase of work in which she took part, and beloved for her graciousness in doing so. She was always a woman of prayer.

At thirty-nine she became interested in Truth teaching. She had treatments and treatments. She studied prayerfully and faithfully declared the nothingness of her rheumatism and the nothingness of her pain. Through the years she prayed—prayerful prayers—for healing, yet the knotted, twisted, crippled condition continued until she was fifty-nine.

She did not come to me for relief from the

pain, so much as for spiritual understanding: "I have just as much faith in God now as I had when a child—but *why* are my prayers not answered? I am here on crutches—but I don't mind that! What I want to know is *why*? Why are my prayers unanswered? What is missing?"

And to her I said: "There is but one thing missing in your prayer and that is true prayer itself: You have not joyously laughed (prayed) the conditions of your body out of existence. Joyous laughter is the only true prayer of God. Its spiritual significance is this: Unless you know that the power of God is so great that the conditions amount to nothing, you will be serious about them; but when you laugh joyously at the conditions, it means that you *know* that the power of God is so great that these other things are little things and must disappear.

"During the next week, spend five minutes every half hour laughing (praying) at every condition of your body; laugh at every ache and pain; laugh at every twitch and pull; and for another five minutes every half hour, joyously imagine yourself *singing* and dancing with joy.

"The second week, put a record on your phonograph—a record of dance music, and *sing* the air for five minutes every half hour; and for another five minutes, imagine yourself joyously *dancing* to the music, and *move* your hands and feet as much as possible even though you are sitting in your chair.

"And the third week, *stand* on your feet for five minutes every half hour, and sing and actually dance to the music."

"But," she replied, "I would suffer so! I cannot possibly do it."

Nevertheless she did it—using the God-Prayer of song and laughter! And nine weeks latter, the rheumatism and the pain were gone!

Prayer gives faith; laughter is evidence of lack of fear—evidence of absolute faith in the power of God. The use of true prayer is *always* answered.

And the case of the man of forty-two! His family life was ideal. He was honest and upright in public affairs. In business, he was just, conscientious and industrious. He was a prayerful man—first as a devout church member and later as a leader of a Truth Center. But in 1921, when financial conditions were so upset, his business was struck a blow from which it did not then recover. Month by

month his affairs became worse, and so he came to me in 1923.

He told me how tangled his affairs were: That he could not straighten out his business because he was bothered with creditors day by day—some threatening to sue him, some threatening to take his affairs to the newspapers. He faithfully clung to the basic principles of Truth, yet he was nervous about his business, and almost desperate.

"Do you believe that God is all power?"

"Most certainly," he said with serious positiveness.

"Oh, good Lord," I exclaimed, "*why don't you LAUGH?*"

"Laugh? Why, there's nothing to laugh at in my situation!"

"Indeed there is! You tell me you *do* believe that God is all power, and yet you say it *seriously*."

"And why shouldn't I be serious about my faith in the Truth?"

"Because your seriousness proves that you only half believe it. Don't you see that if you truly believed that God is all power, you would be joyously laughing at every condition of your business and laughing openly at every creditor's worry — because you'd *know* that with God's power everything would be straightened out?"

"Now pray—pray as God wishes you to pray: Go back to your office with singing and dancing in your heart. The first time a creditor comes in, let your heart sing, laugh and shake hands; tell him that you've found a way to straighten out things; and that you'll pay him as soon as you are able."

"I have already told them that I would pay just as soon as I could."

"Yes, but you have told them that with such a solemnly serious face that each one has known that *you* doubted your own ability to straighten things out.

"Prayer is the substance of faith! Joyous laughter is the substance of God-Prayer! It gives you faith: It makes you *know* that the God in you is so great and your obstacles so small, that you can laugh at every one of them!

"Now go back to your office singing and dancing in your heart! Laugh at every obstacle! Laugh at every condition which seems to hinder you! Laugh with every creditor who comes in—and soon each one will know that you could not laugh so sincerely, unless you knew that all things were working out well for you! Then they will have faith in you,

and will work with you—instead of threatening you. So begin praying—laughing, laughing joyously—making every laugh a prayer! Be confident that the power of God is so strong in you that you can laugh at every condition!”

In two weeks, he had re-established confidence in the minds of his creditors and had them laughing with him, even helping him to straighten out his affairs. In six months, every debt was paid; and the business was again booming abundantly.

The old idea of prayer is a sadly, solemn

petition or desire for power we already have, but fail to recognize. It is based on *doubt* of God's power in us—otherwise we would not be asking Him to give it to us!

On the other hand, God-Prayer is a joyous, singing, dancing, laughing *recognition* that we are marvelously made in God's image. It is based on *faith* that the God in us is so powerful that we can joyously laugh at every seeming lack and obstacle in the world!

Such prayer is always answered—for both man and God respond to it!

How One Square Peg Solved Her Problem

By Elsa E. Brocker

From Stenographer to Society Editor and Special Feature Writer

JUST as New Thought opened an entire new world to me—the world of my heart's desire—so do I hope that this story of mine will encourage some other unhappy soul who feels himself a square peg in a round hole, to find himself.

All during my childhood and girlhood, I had dreamed of becoming a writer. But at 16 I was obliged to give up school and enter the business world as a stenographer. In order to realize my ambition I studied at night taking several correspondence courses in English composition until my health broke down which was never too robust anyway. The doctor advised a complete rest and a discontinuance of night work if I wished to be a breadwinner during the daytime. While I did not give up my cherished wish entirely, I devoted myself only spasmodically to my writing and naturally the results were in accordance. Yet I never found happiness or health during the ensuing ten years as a stenographer. In fact I was a square peg in a round hole, but I did not know how to work out of it.

I enjoyed few of the pleasures, such as dances and parties which the ordinary girl takes for granted. I was filled with ideals, fears and inhibitions which really made me unfit for the business world and I was always

changing from one position to another, never apparently finding what I wanted and never realizing that the fault to a great extent lay within myself. I knew what I wanted to do but I could never see my way clear to attempt it since it was necessary for me to earn money.

Then one day after a very severe nervous spell during which I had been obliged to take another leave of absence from my work, a cousin of mine told me about New Thought. She began to affirm good health for me and within a very short time I was so fully recovered that I could return to my work two weeks sooner than I had expected. Naturally, I became more interested in this new science.

I realized that all that I had relinquished as to my ambitions could be made to come true; that life held opportunity for all of us; and that health and love and happiness was as much for me as for the next person. I was brought up in a family where each member had taken it upon himself to belittle my efforts to gain an education and incidentally become a writer, telling me that I was foolish to strive and struggle for something that was beyond my reach anyway. Then Elizabeth Towne's encouraging writings were put into my hands and I suddenly felt that I had

discovered a new world and gained a new lease on life.

Buttressed by the *Nautilus* philosophy, I began to haunt the newspaper offices altho all except one held out little hope. A college education in journalism was what most of them required except one. Upon this particular one I called regularly each month, feeling that there a place must be found for me, and it was, six months' later. I was assigned to take small news items that came over the telephone.

For the first time in my life I began to feel normal. I gained in weight and altho all my friends prophesied I would be a nervous wreck within six months from the strain incidental to my work, I continued on, besides going to night school for a course in journalism. Naturally with such enthusiastic application my work improved rapidly. I became society editor and was likewise sent out to cover features.

Two years later I realized what a pampered existence I had always led and how really little of life I knew. As a result of this realiza-

tion I came west, and again, contrary to friends and relatives, did not return home in six months because of homesickness, but established myself as a free lance writer and have been living in California now for a little more than two years. I have made some charming friends, have seen a good number of my articles published in first class magazines and am trying out for the short story field.

Where I formerly tipped the scales at 128 pounds, I now weigh 160 pounds. Don't know what a sick day means and am enjoying life and my work immensely. Of course, I have known what homesickness, lonesomeness and discouragement are, but who doesn't if he knows life?

But New Thought has taught me that courage and faith in one's self is the magic that opens all worlds to the modest aspirant. Each of us can be a Columbus and find his promised land if he is sincere in his efforts and backs up faith by good hard work and New Thought.

(Read "How to Get the Prosperity Consciousness," by Grace MacGowan Cooke, in November NAUTILUS.)

Helpful Love

By Ada Saers

WE LOVE, and our very love binds us in chains of fear and apprehension.

But where we love we want our love to be a blessing, a shield and a power for good.

In order, however, to establish a constructive love in our hearts, a certain condition must be fulfilled, a condition which our soul deems it cannot fulfil.

We love, and we hold our loved ones, as it were, to our heart, with all our power, with a frightened tension, as if, by sheer force of love and will, we could protect them.

And the condition we have to fulfill in order to establish a helpful, preservative love, is to throw all this tenseness of love out of our heart and insist on establishing a free and glorious love, loosening all our frightened clutching of our loved ones and letting them go free.

Let our loved ones go free!

This is a thought which, it may be, awak-

ens a sense of anguish in the heart, and yet we must, if we would reach our aim of helpfulness, recognize that this sense of anguish is absolutely unnecessary, that even, it does not exist in the real, wise, knowing and loving heart of us, but only in a superficial mental realm which we must not allow to mislead us.

Our inmost heart sees the real of our beloved, the real, lasting self, the perfect self, which is good with unchanging, cosmic goodness, and wise with unchanging, cosmic wisdom. Our heart sees this self and rejoices in the surety of good. Thus we turn our hearts from the attitude of clutching and safeguarding, to the attitude of realization of the power of good in our loved ones themselves. We realize that the good which they are, works with omniscient, unerring power, compared with which our anxious care seems utterly puerile.

And, the more we love, the more we desire to be a help and support to our loved ones, the more faithfully must we consecrate all our thoughts to this steady recognition of the underlying perfectness which is so well able to guide and protect.

It may not be easy to thus change our mind from anxiety to assurance, we may have to school ourselves, insisting in this recognition, refusing to entertain aught else, refusing to entertain and envisage undesirable possibilities, holding always our minds fixed in assurance on such possibilities only as are good and desirable.

It may be necessary to train each faculty separately, consciously, insisting that our perception perceive and see, really see, the inner, perfect self of our loved ones; that our imagination paint and hold the image of this self in all its goodness and power, that our intellect with its power of reasoning guide and inspire our thinking to ever greater faithfulness; and that our memory hold faithfully in remembrance these sublimer facts of life and being, which alone can teach us how to love helpfully.

It will be even necessary at times to forcibly lift our thoughts up out of the old realm

of anxiety and apprehension into this other realm of higher Knowledge where thoughts become imbued with power, where they are constructive, vital, effective, where they do a real work, where they are able to reach their aim and to accomplish that which our prayers invoke.

It is by thus consciously and intentionally busying our thoughts with these higher realities that our mind becomes saturated and permeated with peace and assurance and gratitude, and in this state of mind we radiate a glorious, powerful, understanding love which encircles those we love with its protecting, comforting and uplifting tenderness.

In this love there is no more fear or apprehension, no more tension. There is only a great quietness, a great gladness; we love more fully, more deeply, more appreciatively, more reverently. It is as if our spirit joined hands with the spirit of our loved ones in mutual recognition and acknowledgement of that glorious, real and lasting self which can come to no harm, which rejoices in living, loving and functioning, and which rests calm and serene in the perception of an ever triumphant good.

One Poet's Message

(To John Kendrick Bangs.)

By Maud Frazer Jackson

HE set his clock by June-time all the year;
He never lost the singing of her birds.
When cold and bleak the day,
He seemed to know the way
To bring us back her sunshine by his words.

When skies were drear and all the flowers dead,
"Behold the garden's blight!" he did not cry;
But said that branches bare
Soon living green would wear
And roses smile a greeting by-and-by.

No lofty strains but songs that kept us all
Of times from giving up to dark despair;
That helped us God to know
And see, beyond life's woe,
His other Junes and gardens ever fair.



Views and Reviews *by William E Towne*



THE TRUE VALUE OF YOUR EXPERIENCES.

TO make a success of living, it is necessary that you learn to give a true value to your experiences. To your experiences in the home, in business, in love, in all the important activities of life.

When you go to your work in the morning, you come into contact with others. You are constantly meeting with adventures, with unexpected experiences. If you would learn to grasp life firmly, to make it a success, to gain happiness, to become a useful factor in the world's activities, by all means form the habit of trying to give to each event its proper value, and to your reactions the proper value.

And this is something that very few persons do. We begin early in life to build a pattern of personality for ourselves. Perhaps we base our pattern upon one of our parents, or some relative whom we love, or some great personality whom we admire and try (unconsciously perhaps) to imitate. And we gradually adopt certain ideas about life, about politics, about religion, about science, even, which we make peculiarly our own and our minds almost automatically reject opposing ideas.

Therefore, when a new experience comes to us, instead of considering its real value to us in an impartial light, looking only for the truth hidden in the experience, we immediately rectify our reactions by our preconceived pattern. We shove the new experience into an old mental pigeon-hole and consider the matter settled.

For instance, if we happen to be republican in politics and presbyterian in religion, we view every event through preconceived republican and presbyterian thought mechanisms, and not as one seeking only TRUTH. We have built for ourselves certain high mental walls, and we do not allow ourselves to look over the top!

For instance, I heard an intelligent man say the other day of a certain public character: "I don't think he amounts to a hoot; he's an Ukrainian, you know." All Ukrainians were placed by this man in a single mental pigeon-

hole. It mattered not at all what their past record of accomplishments might be, they might speak with the tongues of angels or wear the livery of the devil, they might be murderers or school-teachers, all were relegated, in his mind, to one common classification of general good-for-nothingness.

Now a little thought will convince us, if we are willing to be convinced, that this blind yielding, in the face of new experiences, to fixed habits of thought and prejudices that have acquired (in our thought life) all the authority of the law of the Medes and Persians, must often lead us far astray from truth. It must often lead to wrong decisions, based upon inaccurate conception of facts, to confusion and friction in our relations with others. And above all, it leads us to place a wrong value upon our own experiences in life, thereby weakening the life structure as a whole and rendering it far less of a success than it should be, both from the angle of material and spiritual accomplishment.

To avoid this blind yielding to thought habit and prejudice, we need to learn to observe accurately and withhold judgment until we have assembled a reasonable amount of information upon which to base a decision. We need to bear in mind that we are very apt to find a good reason for doing whatever we feel like doing, regardless of its wisdom, and that we can usually find a good reason for any decision we may make, however mistaken it may be, *unless* we train the mind to look for TRUTH in each experience instead of allowing ourselves to be stampeded by prejudice.

We are very apt to condemn that which we do not understand. This is due to a feeling of inferiority in the presence of the unknown. We imagine that those who do not agree with our religious or political views are in some way enemies of the social order. This view feeds our own sense of superiority and does away with the necessity of really knowing or understanding the other fellow's point of view.

In the face of each new experience ask



VIEWS and REVIEWS by WILLIAM E. TOWNE



yourself this question: "Am I seeking for the TRUTH of this experience, or am I simply trying to preserve and bolster up my own opinions and fixed prejudices?"

This attitude will help you to find truth and to act upon it. It will help you to give to each experience its real value and to ACT from truth and express truth in your life.

ATTRACTING ENMITY FROM THOSE YOU HAVE HELPED.

WE DO not naturally love those who make us feel inferior. We all like to feel ourselves great and strong, able to stand on our own feet.

Contrast the spirit of the beggar with that of the successful young business man. One is cringing or savagely sullen. The other is buoyant, cheerful, positive.

The ego of the man who feels himself to be an abject failure in life is shrunken. The ego of the successful man is expansive. He feels that he has the world by the tail and the goose hangs high, to express it in terms of slang.

Now when you give a friend money or help he is apt to feel sensitive regarding the gift. And you are apt to feel very self-satisfied. But you do not stop with feeling self-righteous; you begin to watch for signs of gratitude in your friend. You may even throw out gentle *hints* regarding the matter. If you do not give verbal expression to your feelings, you at least reveal them by your mental attitude toward your friend. You begin to feel a sort of proprietorship in him. You *expect* him to follow your advice, especially if the gift or assistance has been substantial, and the need great. Putting it baldly, you have a feeling, in your inmost soul, that you have *purchased* the *right* to have your friend "listen to you," to take your advice, the *right* to have him grateful to you for your help. Your ego expands with a feeling of *power*, the feeling which comes from *ownership*.

You have exactly the same feeling, in degree, that one has when he first drives down street in his *own* car. You radiate to the world at large the idea, "See how powerful and successful I am." And in the case of

your friend, you reflect, by contrast, by inference, the idea, "See how weak and unsuccessful my friend is, how little judgment and knowledge he has compared with myself. He failed, abjectly, but *I* am a *success*."

This is what actually goes on *below the surface* in your unconscious mind. And your friend *feels* this and naturally he *resents* it. His own self-respect, his own ego, demands that he resent it.

There is no real reason why your friend *should* be grateful for any help you give him. You help him because it gives you satisfaction to do so. You are spending your money, or your energy, in the gratification of *your own* desires just as truly as when you go to a store and buy an article that pleases you. The only difference is that you are purchasing a contented and self-righteous *feeling* by helping your friend, instead of buying a hat or coat at a store. Or, it may be that you help your friend from a sense of *duty*, in which case the principle is precisely the same: you buy ease of conscience instead of self-satisfaction!

If you do not want to make an enemy of the friend whom you help, *give and forget*. In some ways the friend who is "difficult" and often carries a grudge is a more desirable companion than the one who gives and forever after feels that he has taken out a permanent share in the life of the beneficiary.

Love in the Heart

By J. M. Stuart-Young

EASTWARD or westward, which way runs the river?

Northward or southward wends whither the road?

All sunny the day, dear; and easy the way, dear,
If love in the heart do but lighten the load!

Northward or southward, our ways are united;
Eastward or westward, your hand rests on mine—

All golden the bells, dear, where Home's promise dwells, dear:

For Love in the Heart makes Life's Pathway divine!



International Sunday School Lessons

Interpreted for Ministers, Teachers, Students and Others who Study the International Bible Lessons

Class Work by Rev. GEORGE C. GOLDEN

October 17. MOSES HONORED IN HIS DEATH or THE CAUSE AND CURE OF DEATH. Deut. 32, 45-52, 34, 5-8.

Bible Readings: Deut. 32 to 34. I Cor. 1, 15.

GOLDEN TEXT: *Precious in the sight of Jehovah is the death of his saints.* Psalms 116, 15.
NEW THOUGHT GOLDEN TEXT: *The last enemy that shall be destroyed is death.* I Cor. 15, 26.

THE scribe of Deuteronomy plainly betrays the fact that the enlightenment of Moses fell far short of the revelation of the Master. The patriarch believed that man was of short duration, the Christ knew that he was before Adam. The leader of the Jews looked upon God as one who punishes man for his failures, Jesus regarded the Father as the all-forgiving and all-inspiring one. Moses considered death as the final squaring of accounts against life while the Master saw the soul always existing in heaven.

In his poem on immortality (I Cor. 15) St. Paul tells us that by man came death. It is by the identification of ourselves with body that we learn to give draughts power to chill us, cold authority to kill us, fire the ability to burn us, time the faculty of exhausting us and years the capacity to drain us. The Master informs us that when we know ourselves as we really are, we shall know that we are Spirit, fed, sustained, recreated and rejuvenated by the well of living water in us springing up into eternal life.

When the Divine Sarah was asked the reason that she had been able to prolong her life and activity far beyond that of the average human being, she told her questioner that her longevity was due to the fact that she was always vitally interested in her people and her work. When she was concentrating upon her dramas and enthusiastic over the revelations of her own interpretations, there was no place in her mind for any identification of herself with a pampered body. She took her stand as an oracle and spokesman of the great inner Intelligence.

Christianity holds the certain promise that when the thought of death and the belief in physical existence give place to the continuous spirit of life and faith in spiritual immortality, then death will be as legendary as witchcraft.

How shall we hasten the day of emancipation? Not by fighting death. Denying and resting an evil are only making it a reality and increasing its power over our consciousness.

We believe, however, that if we live much in the thought of the divinity of all men and fill

fewer hours lamenting and fearing death, we will make our contribution towards a race consciousness which will eventually prove that death is literally swallowed up in victory.

Silent Affirmation.

To see our undertakings in the light of Universal Mind is to increase our identification with the immortal Universal Being.

October 24. JOSHUA, ISRAEL'S NEW LEADER or THE SACREDNESS OF THE COMMON-PLACE. Joshua 1, 1-9.

Bible Readings: Numbers 27, Joshua 1.

GOLDEN TEXT: *Be strong and of good courage . . . for Jehovah thy God is with thee whithersoever thou goest.* Joshua 1, 9.

NEW THOUGHT GOLDEN TEXT: *Whithersoever ye do, do all to the glory of God.* I Cor. 10, 31.

THE splendid executiveness and uniqueness of the career of Moses is patent to all. He inspired the dejected race of slaves. His hand wrote their laws. His tongue told them of the promised land. His voice led their devotions. He was priest, poet, seer, law-maker and oracle. He was a worthy figure for the Divine hand to protect. His dignity justified the leading of the pillar of fire.

Joshua was the successor of Moses. His work was the hard, arduous task of continuing what his predecessor had inaugurated. His work was common-place. It was mainly secular, dealing with ordinary problems. What right had he to claim for his work Divine inspiration, spiritual protection?

Joshua saw his opportunity and career in the light of a predestined one and boldly he claimed the same support from the Indwelling Father that has sustained the law-giver. While he realized that his career was different from that of Moses, yet he could not have thought of it as inferior. He realized the sacredness of the work he was doing and his success was in direct proportion to his appreciation of the divinity of his venture.

What difference does it make if we regard our work as common-place or divine?

A young woman called on the writer. He asked her what she did for a living. "I only own a candy store," she replied. That "only" showed the cause of her financial problem. When she saw that it is the divine right of every tot in the world to have his share of the sweet-meats, and

she was enabling God to give good wholesome and clean candy to the youngsters of her district, she found that she could put as much spirit into selling a lolly-pop as a bishop does in preaching a sermon. Incidentally when she saw her career in the light of Universal Mind, her finances increased and her problems disappeared.

Have you ever thought of our great commercial life as one vast organization for universal service? Have you ever endeavored to see your own place in that great service?

Silent Affirmation.

Through my work I am increasing the Divine Service.

October 31. **THE EVILS OF STRONG DRINK or FALSE INSPIRATION.** Prov. 23, 29-35.

Bible Readings: Prov. 23, I Cor. 13.

GOLDEN TEXT: *At the last it biteth like a serpent and stingeth like an adder.* Prov. 23, 32.

NEW THOUGHT GOLDEN TEXT: *Though I speak with the tongues of men and angels . . . and have not love, I am become a sounding brass and a tinkling cymbal.* I Cor. 13, 1.

ALL false stimulants are dangerous to man because they are pseudo-inspirations. Life under them is misleading because there is an acting of peace but no inward poise, there is a semblance of love but there is no sincerity.

The Master's statement, "I and the Father are one" means that through you God is living his life. Your heart is alive with the heart-throbs of the Divine Lover. Your constructive business career is only one of the infinite number of means by which He is ministering to his loved ones. Your tongue is only one of the countless voices made to sing the perfection of the gods by whom you are surrounded. Your intellect is another mind through which the Divine Intelligence is pointing out the undreamed-of excellence of the universal good in which we live, move and have our being.

There is a definite individual life predestined for each person. All other semblance of life than *his own* is merely existence. He knows when he is speaking from soul. He is aware, by the glow within him, when his spirit is in his work, his friendships, his recreations and his entertainments.

There was an actress who was popular as an "intellectual". She realized her power but felt that it wasn't the best. Instead of reaching people themselves, their souls, she was only touching their minds. She wanted to be more powerful than that. So she went down to a cheap cafe where scrub-women came at night to forget their brushes and mops, where pale-cheeked car conductors sought to forget long hours and short pay. She sang to these people, she recited to them, she played to them until their eyes began to glow with a realization that there was more for them, even under their conditions, than they had appreciated. She had reached their souls. She had awakened the divine lover in each. Then when she had learned to be the tongue of her soul, she went back to her uptown theater. Her success was phenomenal. She no longer entertained her audiences. She transformed them by the quickening of their hearts and spirits.

Let soul manifest in your work, allow spirit to play through your occupation and you will realize the inspiration, support and vision that are infinitely satisfying and eternally growing.

Silent Affirmation.

What appeals not to my soul, I pass by. That which invites my spirit, I embrace heartily.

November 7. **THE FALL OF JERICHO, or THE VICTORIOUS VIBRATION.** Joshua 2, 12-20.

Bible Readings. Joshua 2 to 6.

GOLDEN TEXT: *This is the victory that hath overcome the world, even our faith.* I John 5, 4.

NEW THOUGHT GOLDEN TEXT: *Let the heart of them rejoice that seek the Lord.* I Chron. 16, 10.

THE story of the fall of Jericho is the symbol of the destruction of the error that, like a wall, stands between us and our good. The Children of Israel accomplished their victory by marching around the city in joyful pageant. The earth vibrated with their rhythmic, swinging steps. The air carried the sound of their singing. The zephyrs were drowned by the joyful blasting of their trumpets. Each trip they made around the city impressed on their minds and souls the realization of triumphant conquest, each step was an advance in faith, each day a march in glorious self-confidence. Then on the seventh their zeal triumphed and no wall any longer stood between them and their rightful possession.

A young boy was dying of the flu. The parents, the nurse, the physician all stood around waiting for the end. A practitioner was summoned. He saw fear standing between the boy and his perfect health. It was like a wall shutting in and smothering the lad. To the practitioner there came the vision of the fall of the walls of Jericho. The Jews had destroyed the walls by realizing that there was no wall to stand between them and the infinite Good. So the practitioner immediately realized that there was no need, no necessity, no reason or justification for the fear that was filling the mind of everyone in the room. He knew there was nothing to fear so all he had to destroy was the thought of fear. By ridicule he ruled it out of the boy's consciousness. "If you are going to die, Harold," he said, "hurry up, for I'm busy this morning." The boy smiled. Here was someone that did not hustle around at the thought of death. If the practitioner did not respect death then he need not. He laughed. The burden was gone. The wall was fallen. From that moment he gained and in a few hours was himself again.

What stands between you and happiness or health, or success? The misunderstandings of your friends? The opposition of your employer? The hopelessness of your surroundings? The financial limitation in which you are placed?

Can you realize that these are nothing but your own fear-creations. There is nothing but the All-good and you need hold no other thought in mind for a fraction of a second.

Silent Affirmation.

I rejoice in my continual unfolding health, happiness and success.

Parents And Children

Helps that
will bring



them closer
together

How I Help My Children to Wake Up Happy

By Marion B. Shoen

I DO NOT believe there is anything in the world that is more trying to a mother than having a child wake up whiny and cross in the morning and whine all during the breakfast hour. Such a child is apt to upset the equilibrium of the whole day, not only for his mother, but for the whole family as well.

I have two small boys of my own. Their ages are three and five years. I can say in all honesty that never once have they awakened with a wail or a whine or a cry. I have proven my theory. I have my own children to practice upon and it is indeed wonderful to watch the unfolding of their precious little minds.

I teach them a great deal of poetry. In fact I have a little red book in which I have pasted all the page poems from *Nautilus* and all of Mrs. Carter's lessons. I make it a point to read two or three of the poems to them each night and then they repeat one of the little verses which belongs to Mrs. Carter.

Of the page poems the one which appeals to

them more strongly than any other is entitled "Love and the Day" by Edith L. Davis, (published in November, 1925 *Nautilus*). They have it learned by heart. The only prayer I have taught them is as follows: (The part in quotation marks is Mrs. Carter's.)

Dear God:—

"When night comes down, I do not frown,
I call the dark my good, kind friend
And love to all the big world send."

I send love to daddy, I send love to mother,
I send love to grandma and grandpa, I send love
to all my aunts and uncles (name each one), I
send love to all the little boys and girls (name
their little friends), I send love to little brother.
Amen.

Sometimes they go to sleep while sending love to others. That is the happiest way for anyone to go to sleep, either child or grown-up, but more especially a child for they understand so little of the big world unless measured in terms of love. Sometimes I think that when God made man in his own image that is exactly what he meant; he made man with a child's capacity for love.

If a child goes to sleep in a happy frame of mind he will wake up happy. My children do. They wake up singing and laughing merrily. If they get out of tune during the day I do not say, "What's the matter?" I say instead, "Oh darling, did you see the little birdie that's building her nest in the tree outside the dining room window?" And then I tell him all about how God made little birds for us to love, etc. I can always think of something that is interesting to a child. Something to take his mind off his imaginary trouble, and that is really and truly all any of us need—something to take our minds off our imaginary troubles and put sane thoughts into them. Children are not much different from grown-ups, only smaller and more easily influenced by love and the lovely things of life.

There is nothing on earth sweeter than a child. Their little bodies are so perfect and so wonderful. Their little minds are so receptive. They are God's greatest work—his masterpiece.

Questions Answered

On Child Problems

We have arranged with Mrs. Carter to answer (through this Department) questions from parents and teachers regarding problems of the conduct, training, teaching, etc., of children. We will donate at least a page in each issue of *Nautilus* to these answers. No charge whatever. Write a separate letter for your question and address Mrs. Alberta M. Carter, c/o *Nautilus Magazine*, Holyoke, Mass.



So if we all say with Edgar Daniel Cramer:

"I would have a child's eyes,
Laughing eyes that see
All the wonder of the world
And its Mystery."

Then we cannot go far astray, no matter what our religious beliefs may be.

(Next month in this Department, "The Healing of Louise.")

MRS. CARTER'S ANSWERS TO QUESTIONS.

Z. R.—"Your little girl humiliates you by her naughtiness in the street cars?" Being your only child, you probably thought everything she did when she was small was very wonderful and praised her. Now, when she is six, her tricks do not appear so adorable. She expects compliments, and you, realizing that she has outgrown babyhood, are gradually omitting praise. She resents it and in order to keep in the limelight, acts very naughty in the street cars and other public places to attract the attention her wounded feelings crave. Many children are rude in the street cars simply because they have not been taught just how to conduct themselves in the strange environment. A few words of explanation before boarding the cars, will save much annoyance. When the child has little friends as guests, try the following game: Place in the center of the room two rows of chairs (the street car), then a larger chair at the front and one at the rear for the motorman and conductor, respectively. Have a policeman standing near as in crowded streets. Now let the children enter the car in an orderly manner. With a bell for a gong and paper bits for play money, the children will love the game and greatly improve their street car manners. Humiliation is often a forerunner of illumination. Let it be so in this case.

A. N.—By all means listen to the tales your little ones have to tell you no matter how unimportant they may seem. That is the best possible way to understand them and to learn something of their little world. Once a mother said to me, "I think the most cruel death would be that of being talked to death." She had two children and was very devoted but did not fully understand the great importance of the child's world. Listen to your children now, and they will confide their problems to you as they grow into years of maturity.

Here is what one noted, busy and lovable mother says:—"I should say that positively the most vital and precious attribute we (mothers) can possess is listening with enthusiasm, listening intelligently and vivaciously, listening as though the most important thing in all the world is what happened to father, big brother, sister and the kindergarten that day." It is the fulfilment of Froebel's command, "Come, let us live with our children."

R. T.—Inhibition is no doubt the cause of your son's lack of progress. Claim for him Divine Freedom from inhibition and lack of concentra-

tion. Keep on the alert to discover zest in his studies and praise him copiously.

L. E.—Let us take up the steps in this tragedy of Anita taking the money from your purse. First, you suspected her; second, you watched her to see if she would take it; third, money was gone; fourth, the brother's testimony of her use of the money; fifth, the father's whipping; sixth, the child takes money again.

And you say that none of her relatives were ever known to steal. That word "steal" has a large meaning. I have known people to pride themselves in beating down others in a bargain, when to me, it was nothing short of stealing. It is all in the way we look at it. People who have been great bargain hunters and traders, often have children who take openly. The trait simply crystallizes into stealing unconsciously in the next generation. Now you must be very honest with Anita. She is NOT a thief, she is just God's loving little girl with a desire to have things, and that is very human. Do not suspect her, nor watch her to see if she is about to take money; neither whip her for doing so. Gently and quietly tell her that you love her and trust her implicitly. Give her a certain allowance, no matter how small, and teach her HOW to use it. Tell no one about the above incident. Forget and forgive. Do not impress it upon the child's mind so that she will grow up remembering it. Think of her as being enfolded in Divine Love even as the yolk of an egg is surrounded by the white. There shall no evil tempt her nor befall her. Traits are lengthened shadows of some ancestral thoughts.

Mrs. H. D.—Do not comment on the boy's bashfulness in his presence. In fact, it would be better not to talk of it at all. Take him with you to meet older folk. When at home, play with him at dramatizing being introduced to so and so. Name the chairs certain people and introduce them to him. Have him converse with them. Play store and teach him how to ask for supplies.

Don't say to people, as my folk did of me, "This is my baby." It makes one shy. Introduce him like a man. Picture him meeting people in a free, easy manner. At night when he is sleeping, whisper over him, "You are God's courageous child, free from fear, timidity and cowardice. You stand up bravely on your two feet and look the whole world in the face."

R. M.—Just because your parents showed no tenderness for you, you must not deprive your children of it. Some natures are cold and feel that any demonstration of affection is sentimental. But it is just as necessary to life as ice cream and strawberries for food, pretty clothes for the body, and spiritual and uplifting entertainment for the mind. Watch the reaction of your children when you grant them favors or praise them. You may feel awkward and foolish at first, if you are not used to showing affection, but love grows very rapidly with encouragement. It is better to bestow love upon your children than to leave them a fortune in money. Love is a fine guest to invite into your home.



Things That Make For Success

And for the advancement of the individual in all ways. This is a correspondence department of success ways and means, conducted by the Editors and contributed to by NAUTILUS readers everywhere.

To Correspondents

Prizes for the Best Letters to This Department

Have you discovered something that makes for success?

Tell us about it and perhaps you will win a prize.

To the writer of the most helpful success letter published in this department each month we will send NAUTILUS for 3 years. Or, 3 yearly subscriptions to separate addresses if preferred.

To the writer of the most helpful letter printed in each six months' period, we will send \$5 in cash, in addition to the subscriptions. Prize winners announced each month for the preceding month.

Letters should be concise, plainly written on one side of paper only, and not mixed with other matters of any sort.

—THE EDITORS.

(Success Letter No. 1052.)

HOW WE DEMONSTRATED A VOCABULARY FOR MY FRIEND AND A 400 PER CENT INCREASE IN SALARY FOR MYSELF.

LAST YEAR I lived with one of the younger teachers of my city for three months. While we were together we did two outstanding experiments in Psychology, that might be helpful to those standing at the same point we did. What she did for me in the meantime is not properly part of this story, but forms another story of its own.

Soon after I went to her house she said to me one day, "I wish you would correct my English." I said, "No, I won't do that. I think there's another way to get the same results. One far more satisfactory to each of us." So I took several days to think out an approach to a better mode of speech for her. And what I worked out follows:

To my understanding, the speech we use is learned at home, literally at our mother's knee. The Folk expressions as well as the Folk proverbs have a Truth for their basis, so that when we say "Your mother tongue" we mean just that. The

vocabulary, and the idiom, and the grammar that my friend used came out of her own home, and had never been appreciably wrought upon by her later more literary contacts, at all. She never admitted this to me, claiming nobly that her mother had been a teacher of the public schools and used excellent language, but I did not believe it then nor do I believe it now, preferring rather to think that "the wish was father to the thought." Certainly the evidence was against it.

My friend was and is a Teacher of Truth, and I use the capitals advisedly. She speaks six times a week, and has a fine Metaphysical practice, and if I named her there would be literally hundreds of your readers that would know her. She was speaking almost every day then, and the words were coming hard and every now and again some purist in her audience would "call" her about her speech, and its form. It was embarrassing, and she was striving valiantly to correct it, without knowing quite how to go about it. Need I say that the sight of any one of the people who corrected her, had a tendency to make the matter worse, bringing out all the self consciousness in her. This is the point where I come into the story.

She said "Will you treat me?" So I spoke just once aloud. "Dear Father. You know that this dear one has access to all the riches of Thy Kingdom. And you know that in her subconsciousness lie embedded all the beautiful, rich, wise, noble, wonderful thoughts that she has ever read or heard. Therefore we do now declare that the appearance of obstruction between her subconscious mind, and her conscious mind, dissolves like the dew before the sun, and Thy ideas flow, and flow, and flow, and flow, and they come richly clothed in fitting and suitable words that the work of Thy Kingdom may be done."

She told me that she felt "The witness of the Spirit" when these words were spoken, although they were spoken very simply and in a conversational tone.

Then I told her this: "Now, you talk to me. You can talk to me about anything under the sun, just so you talk. There is almost no subject you can approach that I don't know enough of to ask questions. I believe that if you do that, presently you will find yourself using your greater thoughts and ideas as you get new things out of your subconsciousness, and whenever you begin to put into words, things that you never said before, you will begin to get a new vocabulary."

So she began to talk. She told me her whole past history, including the history of the "Path" she had come over into the understanding that took her onto the platform and into a public work. Somewhere in the process it worked exactly like I thought it would, and when she began to get into words, thoughts, and ideas, she had never phrased for herself before, she began to get a wider, richer vocabulary, and the change was very marked in her. Her grammar corrected itself, and she began to put into simple words the very deep things of Truth. As she was a student of the Vedanta Philosophy, and had come the Eastern Path, and was the first Teacher whom ever I had heard discourse on that line, you can imagine the joy I got out of the process.

And the last time I heard her speak in public, she did not make one mistake of fact, subject matter or English.

Now as to the second experiment we did, it had to do with money. She had been in a Metaphysical practice some months, and she was getting about \$65.00 in offerings. I was in school trying to fit myself to teach, and borrowing money to go on, not knowing all the time where the next money was coming from. We had been studying Truth about the same length of time. I said from the beginning "If this thing don't work it's no good!" being of a pragmatic disposition. She had given her thought to the phase of Truth which deals with ceremonies and initiations, and so on, but the time had come for both of us when we had to take a definite practical step in the practical angle of Christianity. So here is what we did.

I had a ten dollar bill which was a Love Gift from my sister. I studied for two days what to do and how to do it and this was given to me by my own intuitive faculty. We took that bill and put it on the table and both of us put our hands upon it and we said the Lord's Prayer five times then one or the other of us prayed as follows:

"Dear Father, we have returned to thy house, even as did the prodigal son, and we claim the heirship of thy children. We claim the ring, and the robe, and the food, and the money, and all the riches of thy kingdom. We thank Thee that we know that these things are ours, and that they are NOW made manifest. We bless Thee. We praise Thee. We adore Thee. In the Name of the Dear Lord Christ."

And from that point we proceeded along the same line for two months. Sometimes she prayed and sometimes I did. When I broke the bill I gave her five dollars for room rent. Then we took our two pocketbooks, and stacked them up and put our hands on them and prayed. Usually we declared our pocketbooks to be filled with gold and silver and bills, and we blessed the people

from whom our money came and we blessed the money and the people to whom we paid it. Sometimes we prayed a Universal prayer for all people of Vision, knowing that they are the people who plan the construction of things in this world, and have the money to put their visions into form. Later on we put her book of names for Metaphysical practice into the stack, along with the pocketbooks.

Now, my friend had a matrix for the getting of money. She was established, in other words, in giving a service to her fellowmen. The difference in the way the thing worked for her and for me is very interesting. The first thing happened was that at Christmas time her gifts were just three times as much as ever she had before at that season. The next thing happened that in the month of January she had \$107 and some cents. The next month was short, and she had \$120. Then she began to "Prove" the Lord by asking for what she wanted, having consecrated all her time to His work. And that is what she's doing now, and is headed right over into a greater and greater service.

As to the way it worked for me, I have had what money I needed, but I had to borrow until now, when some of my own has come in. But as a teacher of the public school my work is seasonal, and not subject to the same laws as her work—the same mortal laws, you understand—but right now among my papers in a file lies a contract for a school which I shall teach next term at just four times what I was paid in the school where I taught last.

Out of this experiment I brought these knowledges: There comes a time when "You are free from the strivings of the people" . . . my friend is that . . . she does not tithe, for all her time and a much larger proportion than the tithe of her money goes back into the work . . . I do not tithe . . . all I have is God's . . . Two people work better than one . . . Oh, how wonderfully husband and wife could work the law if only they are of one mind, and keep eternally at it . . . but two friends can work the same way. And, lastly, I brought this sure knowledge: The LAW DOES WORK. . . we proved it . . . Both of us will benefit as long as we live on this sphere, where money is a part of the scheme by what we did while together.

I thank you!—E. B., Calif.

(Success Letter No. 1053.)

A TEACHER USES NEW THOUGHT WITH THE CHILDREN WITH WONDERFUL RESULTS.

MY FIRST New Thought message came to me through *Nautilus*. I think that was in 1903. I had a severe spell of pneumonia, which left me with a cough. Friends said I had lung trouble. I came across *Nautilus*, which told me I could be healed through prayer and faith. I applied it and was healed.

I immediately began reading New Thought literature. I was helped in every way. The transformation effected in me made me a New Thought advocate. Orthodox friends chided me. I became alarmed lest I be spiritually misled. I

stopped reading *Nautilus*, but read other New Thought literature. Now my vision is clear. Those were race thoughts which alarmed me. They seemed so natural that I thought they were right. New Thought has been my salvation. I am stronger in every way.

I am a teacher. I look my dull pupils in the corner of the eye next to the nose and say mentally, three or four times: I will that the God Mind in you will so quicken your intellect that you will understand and remember the principles of interest, proportion, or any subject which they may need, calling the pupil by name. I will that you understand and remember the principles of proportion as well as Helen Martin. I repeat this three or four times mentally each day, always looking the pupil in the eye as before mentioned, taking a certain pupil as a standard, in order to measure results. You will find results in a few days by this method. This is the easiest method for a dull pupil and a method I have never had to fail on the most stupid pupil. Of course, some pupils require the exercise many more times than others. This exercise may be used for any subject. Of course, the teacher's will power and power of concentration will be developed as well by the constant use of this method.—B. P. F., Tenn.

(Success Letter No. 1054.)

HOW THE FATHER WITHIN HELPS ME DO MY WORK.

A VERY DIFFICULT and unpleasant piece of work confronted me. I felt it to be the wisest thing to do it, and yet I dreaded getting at it. I was facing the situation rather dreadingly when it occurred to me that *I could let the Lord do it for me*. Recalling those words of Jesus, "the Father within me doeth the works." I suddenly realized, in a new way, their practical value for this work-a-day world.

When a new idea—or an old idea in a new dress—comes to me I always try to use it. So I decided to test this out—to find out if I had been foolishly trying to exclude the Father within me from a part in my work. As I studied the situation, I felt I had been trying to do it all—the Lord's part as well as my own; in fact, my actions had not seemed to recognize the fact that the Lord had any part in my work.

I had a clear idea of what I wanted to accomplish—but I did not feel equal to the task. And my feeling unequal to the task this time helped on my salvation. I decided that if God was going to do the work *there was no use for me to worry*. A lightening of the load, bringing instant relief, was the immediate result.

Then, instead of doing any anxious thinking about the steps to take in the matter, I decided to leave all that to the Spirit, simply doing with good will what my hands found to do as each next step presented itself—only permitting myself to *consciously think about the end, the goal*, I was trying to reach.

As I went along new and quicker ways of accomplishment would seem to flash into my mind. When the work was finished I was surprised and delighted at the ease with which it had been com-

pleted, the little time required—so much less than I could have hoped for—and the thoroughness of the work. And best of all, the problem of work was solved in a new and wonderful way—a way, that if diligently pursued by the Father's children, offers marvelous possibilities for the future. —K. D. B., Pa.

(Success Letter No. 1055.)

I OVERCAME A FIERY TEMPER.

TWO YEARS ago I saw an advertisement of *Nautilus* on trial, so I, out of curiosity, sent for a trial subscription but let it drop at the end of the year. Still, it *haunted* me until this winter, when I again subscribed and also got some New Thought books.

I feel like a new creature and I know my husband and two small sons must feel the same about me.

I've developed a backbone in place of a wish-bone; have won control over a fiery temper. Where once I was very sensitive, now nothing seems to hurt me. Have quit nagging. Peace and contentment now dwell with me.

Cured poison in my hands by the affirmation, "Day by day, hour by hour, with God's help, my hands are better and better." And am fast learning patience. Am now wearing a smile instead of a frown and have proved love begets love.

Since sending out my loving sunshine thoughts am met with kindness everywhere.

These may all seem small things taken separately, but please remember that pennies make dollars.

Success is coming my way through my own efforts, directed by the Spirit of Christ. What has helped me will help you. Try it!—R. A. A., Mont.

THE PRIZE WINNER for September, 1926, *Nautilus* is M. S., New York, who wrote Success Letter No. 1050. We shall be glad to send the prize of three subscriptions wherever the winner directs.—C. H. S.

FOR WORLD PEACE

WE the Rising Generations, demand a United States of the World.

We want our idle vessels and ships to be used in times of peace for a Public University of Travel, a white fleet that shall tour the world every year.

We want these ships manned with the best instructors in Art, Literature, Travel, History, Modern Languages, Sociology, Human Nature and Universal Brotherhood.

We want the students selected according to all-round merit from the graduates of public High Schools, and Industrial, Vocational and Technical Schools of all the States.

We want this postgraduate year of travel given at the expense of the nation, the students co-operating systematically with a minimum naval crew, in all work done aboard ship.

We believe in these things.

We pray for them.

We talk them.

We vote to this end.

—Elizabeth Towne.



A DEPARTMENT OF
CONSULTATION AND SUGGESTION
CONDUCTED BY ELIZABETH TOWNE
AND WILLIAM E. TOWNE

*"O wad some power the gifts gie us,
To see ourselves as others see us.
It wad frae mony a blunder free us
And foolish notion."*

We answer in this department the 1001 personal problems that are put to us—as far as space and time hold out. And we make one answer do for more than one questioner when possible. Correspondents desiring a personal reply by mail are referred to our ELTO SERVICE which includes a service fee of \$5. We would answer every letter gratis if it were humanly possible. We MUST curtail, hence the charge for queries who feel they cannot wait their answers in these columns. To insure careful attention in our office write "Family Counsel" at head of sheet, and write your subscription order or other business on a separate sheet.—THE EDITORS.

V. M.—You see, our subconscious mind is the greatest part of ourselves, only 10 per cent or less of our actions being conscious ones. The subconscious mind is our habit mind, and this phase of your mind has been filled for years and years with your difficulty. However, thousands have been worse than you are and today are striking examples of Health, Happiness and Success. Keep at those Lessons, for they are of such a nature as to remind you continually to look to yourself within. In the last analysis all healing is self-healing. Assure yourself over and over again just before you retire at night of your physical and mental perfection, vitality, health, success and contentment. Meditate upon these words of Emerson, "He who knows that power is in the soul, that he is weak only because he has looked for good out of it and elsewhere and, so perceiving throws himself unhesitatingly on his thoughts, instantly rights himself, stands erect, commands his limbs, works miracles." Believing, which is accepting as true, is the keynote. Learn to accept the things which you want as true now. Brood in your mind over health and the constructive ideas and dismiss the other side. There is power in your soul to work miracles.

MRS. P.—I certainly would leave my husband free to follow his own unfoldment. It is unwise to try to FORCE your own ideas upon another person. One is never really convinced against his will. Unless he CHOOSES to carry out New Thought practices, or takes an interest in it on his own account, you had best content yourself with giving him his freedom to follow his own course in his own life. Trust the Spirit IN HIM to lead HIM in the way that is necessary for his own development.

MRS. G. A. F.—Keep on with your music, or with some other avocation that will give you a constructive outlet for your energies. Never mind what others say about your efforts. You have evidently been living under the influence of an inferiority complex. It is time for you to free

yourself from its influences, and the best way to begin is by expressing yourself in some constructive activity, as you are doing now with your music. Your other domestic problems are evidently best met, for the present, by adjustment. To the extent that you become absorbed in your own activities, you will not be adversely influenced by the inharmony around you. If you can harmonize your own life, and educate your mental processes to recognize the real good in others, you will find it becoming easier, day by day, to get on with them. Take the case of your mother, for instance: It is her own disappointment and the difficulty of her own personal problems that has made her seem over-critical and inclined to nag. If you can become sufficiently absorbed with your own activities not to be influenced by your mother's nagging, you will probably find it will soon grow less.

B. M.—Consult your public library for books along the lines of vocational analysis. One by Merton is very good. I think a good plan would be for you to work a short time after finishing your High School work and then continue your training along the lines which you desire. You see, you still have too many different callings in mind and it is well for you to settle upon one, and about the only effective way to do is to try the particular work. If you could visit actual places of business along the lines which you think you are interested in, talk to those who are in that kind of work now and actually work along the line—these are the most effective ways of determining your life work. Too often youth decides upon a certain calling merely because some friend or relative is engaged in the work or some trivial thing appeals. In this case the natural abilities and qualifications are not taken into consideration at all. Of course, regardless of the chosen work, mental attitude is probably the most important. Try to realize that you are gravitating to your particular work and above all know that your attitude toward it is the most important.—G.

A. S. M.—I think you are just, in a sense, tired of working the same way all of these years. It has become monotonous only because you have not introduced new interests, friends and recreation and diversion in your life. You know all work and no play makes Jack a dull boy. Decide that tomorrow you are going to live in a lighter vein. Take a little deeper interest in other people, and try to feel that your burdens are no more than others. Turn your attention to things and people, away from yourself. Then when you have a grip on yourself, you will have the ambition and the new energy to advance where you are or go elsewhere. Inwardly you wish to advance and possibly make a change but your financial condition is what keeps coming up in your mind, causing the confusion. A piece of property can be sold as easily as a hat. Just because it involves more money, our attitude regarding it is different. Do not feel that you have "something to get rid of". Do not live entirely with the idea of realizing certain goals, but learn to enjoy the process and the anticipation more.—G



A Cozy Corner Department where everybody chats and the Recording Angel sets down what she can find room for.

Prayer Heals After the Doctors Give Up.

"VERILY I say unto you, except ye be converted and become as little children, ye shall not enter into the kingdom of heaven"—Jesus. Which I take it is just another way of saying, "Become as a little child shall and you may enter the kingdom of heaven."

Remembering the words of Our Master I thought that after all the Publican who it was said lay dying at that very moment in the great house on the hill, had as good chance as any one of getting into the kingdom soon or late and I for the life of me did not see why he could not just as well get into the kingdom and stay a while longer here on the earth doing the great work he had been doing for our community for some twenty-five or thirty years. And, so I got myself ready and went along up that hill to the great house to see this man. Of course I knew that there were three doctors and a staff of nurses in attendance, but I also knew that One walked with me who would not be denied admittance to the sick man if that were the right thing to be done.

On reaching the steps leading up the terrace to the house I met two newspaper men who told me that the attending physician had just issued a bulletin concerning the great man's condition—Yes, it's true. This man was thought to be of such national importance that the physician issued a bulletin night and morning and sometimes, if there was a change in the condition, in between times so that the stock market and lots of other persons interested in things financial with which this man was connected, might be prepared for whatever was to come.

On reaching the hallway I told one of the physicians whom I knew that I had come not in the capacity of a physician but that of a pastor as I was the one to whom this man had heretofore brought his many troubles and I knew that on no account would he see a clergyman of any kind. The physicians conferred together and then told me that as the man was now so far gone that nothing I could say would injure his chances for recovery—so that allowed me to go up to talk with him for just five minutes. He seemed pleased to see me but told me that he had not prayed in years. Said that he did not believe that he knew how to pray. I then asked if he did not wish to recover, and he replied that he did as he could not feel that his work was done, "And" he added, "I believe if I could only sleep I would get better."

I held his hand in mine and told him to close his eyes and go to sleep. He lay with his eyes closed a few minutes and then opened them saying, "Do you know I would give all I possess. I would even be glad to go if I could regain the faith I once had in God. The faith that I had when as a little shaver I knelt at mother's knee and whispered my evening prayer, 'Now I lay me down—'"

"Go on," I whispered. I too was feeling the solemnity of the death bed and although I was trying my best to work for a realization of life, conditions were powerfully arrayed against me for I was the only one in that great house who believed that even God could reach down His hand and save this man who confessed quite openly that although he would like to believe, he did not have any faith in God or man. And so, in whispers I encouraged him to go on and even as a little child—for he was a child again in his extreme physical weakness—"Now I lay me down to sleep, I pray the Lord my soul to keep, and if I should die before I wake, I pray the Lord my soul to take."

Glancing up I discovered that two of the physicians had come into the room. The man lay with eyes softly closed and breathing naturally. They were astonished at the change in the man's condition, which change I may add continued to improve until that evening when the regular bulletin was published it caused a sensation. It read:

"Mr. — resting quietly. Pulse normal, and temperature decreased." The next morning the bulletin carried still further reports of improvement and in ten days the man was able to ride out in his car. In a month he had spent a whole day in his office and had told me that he had not missed a day in repeating his little childhood prayer.—A. M. G.

* * *

How I Developed Personal Magnetism.

IT IS without doubt true that great numbers of worth-while young women,—those who would make excellent wives and mothers,—are longing, it seems hopelessly, for "the right husband and the right home." From time to time you have given affirmations,—very excellent ones,—for this purpose, but from my observation and experience they are not efficacious for this particular problem. I have seen hundreds of girls,—sweet, high-bred, refined,—passed over by men, while the girls with a strong personality,—perhaps the best "Grabbers,"—have gotten them! I have seen girls with devilish dispositions win men, when a sweet, lovely, gentle girl gets no one,—and these aren't common men,—but sometimes of the highest type of breeding and culture. I have tried to reason the thing out and have finally come to this: Every person has a "personal" magnetism,—perhaps (and probably) dormant in the cases of these unsuccessful girls, but nevertheless, there. Now, the thing to do is to quicken this personal magnetism into life,—and in my own case I have found the following affirmation wonderfully effective: "Oh, God, touch my personal magnetism, with which Thou has endowed me, with Thy Divine fire; quicken it into radiant life; make

(Continued on Page 42.)

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(Continued from Page 41.)

me an irresistible magnet to ATTRACT and to HOLD the right men,—those who will enjoy me, and whom I will enjoy; those who will help me, and whom I will help, and among them, dear Lord, MY RIGHT HUSBAND,—the one who will love me, and whom I will love." I am forty-six years old,—though I look thirty,—and have had twenty years of heart-breaking disappointments,—men who have been attentive to me for a short time and then have gone over to some other woman,—or the experience of attending social gatherings and being a wall-flower in spite of my most frenzied efforts to attract some man for the evening (and I am NOT unattractive). After a month of using the above affirmation, I now prepare for every social occasion by a few moments of quiet repetition of it, and while I have not become the belle of the ball at every party, I no longer have the terribly humiliating experiences I did formerly,—and I know "the right man" is even now, somewhere around the corner. I submit the above, just as a suggestion.—EMILY F. C.

* * *

Bless Her and Her Miami Sunday School

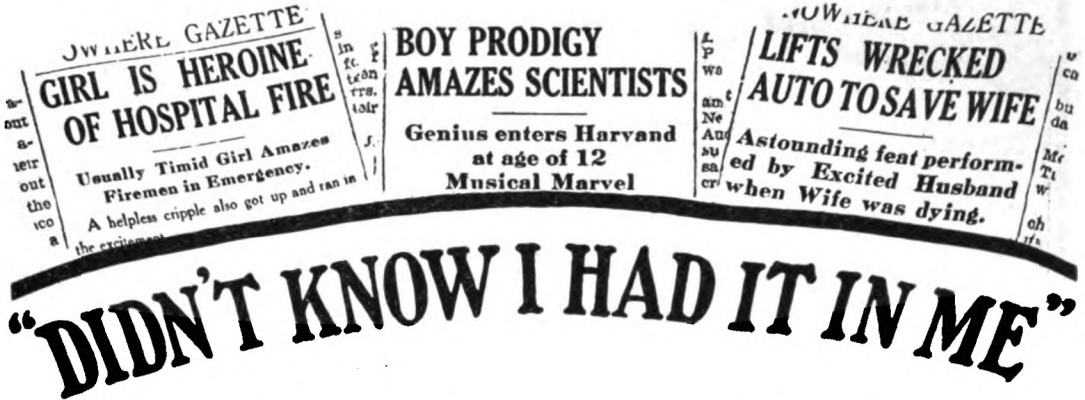
IT was through reading your helpful, practical books and *Nautilus* that I had my start in the New Way of Thinking, and found myself and my health—later after studying your Four Lessons, I visualized a home, and my good companion was led to me. Since then we have added Unity Literature and many good authors to our readings; and the past six years have been filled with progressive changes—an adopted son, now eleven years old, a beautiful home, two more beautiful children for adoption, a lad ten years old, and brilliant little girl six years old.

When I attended the Atlanta Congress the point was emphasized that we go into the churches to teach the Truth. I wish we might hear, from time to time, in the Bulletin from some who are so active, also those who are doing individual prison work, etc.—many of us cannot be active in centers, but are able to work individually. Our home has been open to Truth Sunday School for several months, but the immediate neighbors were active in Methodist and Baptist churches; those who came were already followers of the Truth. Two weeks ago I was invited to be pianist in the Baptist Sunday School, and I am now waiting to see what the Lord will lead me into, for I am ready to speak. Seeing the remarkable results I am having with my own three young minds, I am eager to help other children to start right. More Power to the Alliance in its work with the children.—MRS. FLORA E. NOBLE, Route A, Miami, Fla.

(Continued from Page 16.)

Perhaps even you have a "tiger". What is it that you hate to do or what do you most fear? Suppose you adopt a friendly attitude toward your "tiger". Stick out your hand and say "Hello old chap", and see if "Mr. Tiger" doesn't wag his tail!

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YOU have said that you "couldn't do it again in 100 years". **WAIT!** Are you sure? You did it once and could do it again *if you knew how you did it before!*

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For reasons not understood before, we have not been able to use these powers consciously. When tremendously excited, when we *needed* them and *longed* for them, *with sufficient intensity*, we have consciously fulfilled the Law and have drawn on them to save ourselves.

Every so-called superhuman feat merely proves the presence of these reserve powers. When you have astonished yourself, you have but demonstrated that you, too, are able to draw on these powers *when you comply with the Law*.

Power, strength, courage and wisdom for Health, Success and Happiness—are right beside you now, waiting for you to learn the Law and reach out and take them.

HERE IS THE SECRET

These powers cannot be drawn upon by your conscious thinking mind. They respond only to the unconscious or subconscious part of your mind.

Why let these powers go unused, except in emergencies! Why not learn how to use them every day in your work, in your play! A genius is just a man who has blundered upon the secret of how to use these powers all the time.

You have these amazing powers in you. You can draw on them to the same degree if you will only learn how to control and direct them.

Poverty, unhappiness, ill health—all undesirable conditions yield to these powers. All desirable things can be

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Are you aware that there are very definite laws governing Mental Depression and states of "nerves"? Are you acquainted with yourself to the extent of knowing what laws to follow in creating a cure? Of course you are not, or you would not be suffering today. There is a CAUSE for every abnormal state you experience and it is only those with long experience who are able to understand the human organism well enough to recognize these causes and remove them. In the repair of watches and automobiles, you recognize the necessity of seeking an expert. Is your mind and body so different? It, too, is a piece of machinery—and the most delicate and intricate one ever created. You may say, "I have been to so-called experts and have received no relief." If this has been your experience, you simply have not been in touch with the RIGHT method for YOUR case.

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ly added to your suffering. I fully understand how unhappy you have been, how limited have been your expressions of life, and you have my deepest sympathy. On the mental side we find FEAR OF SELF playing a big part. Lack of confidence, self-consciousness, worry, fear of insanity, neurasthenia, inability to forget yourself, jealousy, over-seriousness—plus nerve super-sensitiveness—can completely wreck the strongest mind and body. But there IS a way out. I assure you, and you need not suffer as you have.

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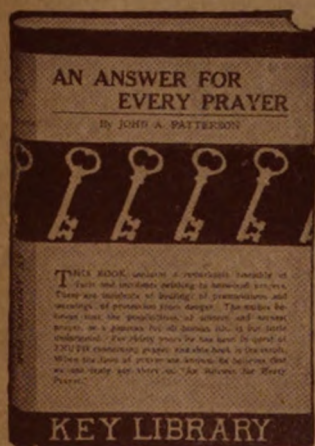
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